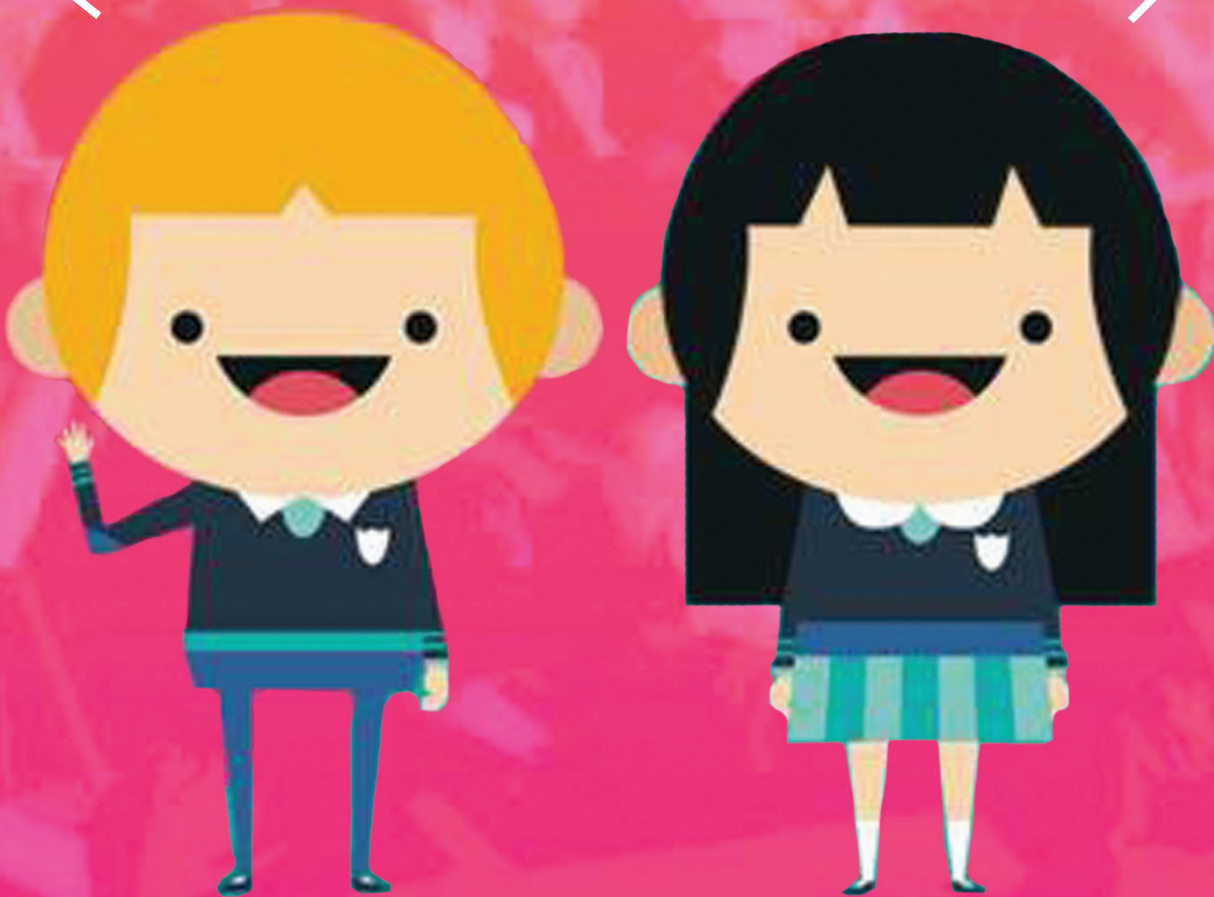


# The Phoenix

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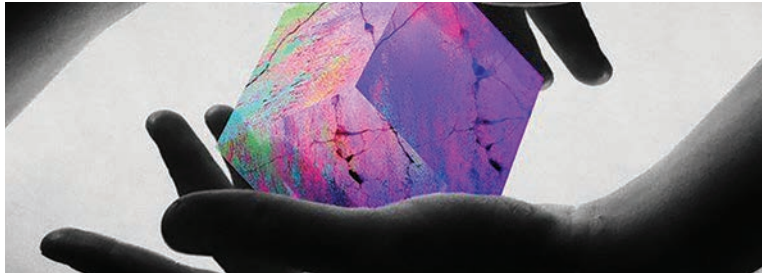
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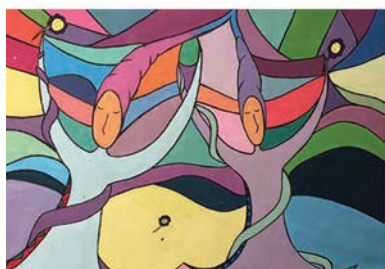
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# Events



THURS SEPT 21 BLISS N ESO AT SAPHIRE  
 THURS SEPT 21 HABITAT PRESENTS: ENDLESS SUMMER SERIES  
 FRI SEPT 22 HEARING TREES @ FERNANDOS  
 FRI SEPT 22 THE CARBONS @ THE GRATEFUL FED SAT  
 SEPT 23 – WOODHAWK @ DOCSGO  
 SAT SEPT 23 – ROY FORBES @ CREEKSIDE THEATRE  
 THUR SEPT 28 TIGER MOON @ FERNANDOS  
 SAT SEPT 30 – THE NEW PORNOGRAPHERS AND BORN RUFFIANS @ KELOWNA COMMUNITY THEATRE



## Elder Artists in Classrooms Project

September 23 to November 26, 2017

Celebrating the rich visual arts history in the Okanagan Valley and connecting that history to young artists.

Opening Reception: Thursday, September 21, from 6 to 8  
 This is a free event, and open to the public to attend.

KELOWNA GALLERY 1315 Water Street, Kelowna, BC V1Y 9R3

SEPT 21 - OPENING RECEPTION: ELDER ARTISTS IN CLASSROOMS 6 - 8PM



SEPT 30 - 7-9:30PM  
 UBCO BALLROOM (UNC200) TICKETS ON SALE AT:  
 MOSAIC BOOKS - 411 BERNARD AVENUE  
 UBCO BOOKSTORES

## News

# THE ABORIGINAL STUDENT ORIENTATION CREATING A SENSE OF BELONGING

Dayne Patterson – News Editor



Seeger Nelson / The Phoenix News

The first few days at a new school, even extending into the first few weeks, can be a daunting experience – especially for students from rural communities that are not accustomed to the regular hustle and bustle of larger urbanized cities. For this reason events like Destination UBC, Jumpstart and Create were conceived – to welcome those new students to UBC Okanagan. The Aboriginal Centre hosts a similar event that is not often talked about: The Aboriginal Student Orientation.

The Aboriginal Student Orientation, or ASO, which was hosted on Monday September 4th, is essentially geared towards welcoming Indigenous students to the campus community and informing them of the many services and programs

available. Additionally is imperative in creating personal, fiscal and scholarly connections with fellow students and staff. Senior students are often invited to share stories of their first few days on campus, storytelling being understood as a highly regarded tradition in Indigenous culture.

Dan Odenbach, the Aboriginal Program Administrator emphasized the focus on inducing a feeling of belonging and creating a familiar community for new Aboriginal Students on campus. In fact, the phrase “You Belong Here,” is clearly printed on the large window of the Aboriginal Centre, visible from the outside. Odenbach spoke about his experience as a child during the 60’s scoop stating that, “residential schools wanted to strip us of our culture

and make us feel as though we didn’t belong here,” remarking that, “the most offensive thing you can do to an Aboriginal person is make us feel like we don’t belong here.”

Denica Bleau, a Masters student attending her first year at UBC Okanagan, was present for this year’s ASO and commented on the effectiveness of the event, stating; “it creates a familiar place on campus. Some people have the Library, or the atriums around campus, but I feel a sense of belonging in the Aboriginal Centre. You can study, hang out, there are mentors available right down the hall, and I think that a lot of people miss out on some of the services around campus – whereas for me I can just walk down the hall and get help.”

## The Phoenix

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*The Phoenix* is the UBCO students’ free press. Editorial content is separate from the University of British Columbia Student’s Union Okanagan (UBCSUO) and from the UBC institution at large.

The editorial staff encourages everyone to submit material to *The Phoenix* but reserves the right to withdraw submissions from publication for any reason. “Any reason” could be material deemed to be sexist, racist, homophobic, or of poor taste or quality. *The Phoenix* will not publish materials which condone, promote, or express actions which are illegal under current laws. This does not include articles which provide an in-depth examination of both sides of a controversial subject (e.g. legalizing marijuana).

*The Phoenix* is published, in part, by the UBCSUO and is an active member of the Canadian University Press.



# ROOTS PROJECT PLANTING SEEDS FOR CHANGE

Dayne Patterson – News Editor

Students openly joke about the variety of problems they are afflicted with: a lack of sleep, caffeine addictions, Tinder nightmares, Netflix binges, and the list goes on and on – but one problem that is seriously affecting students with little recognition is food insecurity. Last year a “Voice” survey administered by Campus Life revealed that food insecurity was the number one unmet need of students – approximately 40% of students struggle with food insecurity, meaning students are unable to afford a sufficient amount of food to sustain a healthy lifestyle. The new UBCO Enactus group, which was only introduced in February 2017, has been working hard to resolve this growing problem.

In a recent study it was discovered that annually about 40% of all food is wasted. This unwanted, and perfectly edible food is rejected because it does not meet the aesthetic standards of supermarkets. The UBCO Enactus Organization took notice and after months of discussion and planning launched the “Roots” project at the UBCO Expo Day on Wednesday. Through a connection with a food cooperative based out of Vernon called “Farmbound” they will be supplying this secondary produce to students at a discounted rate between 45-60% off retail price. Available now through the farmbound



Seeger Nelson/ The Phoenix News

website, students can order large boxes of local, fresh fruits and vegetables that are delivered to campus for only about \$20, eliminating the need for transportation.

This new initiative tackles an array of problems plaguing both the students as well as the agricultural industry operating in the Okanagan valley. The stressful summer in Kelowna, between the fires and the floods, has caused a less than impressive yield for the agricultural community. Erkki Annala, co-founder of

the UBCO branch of Enactus states that the “Roots” project will essentially “[tackle] two problems with one solution.” By selling their seconds, farmers are “affording students the ability to eat healthy and cheap, while allowing the farmers to sell produce that would typically have been waste,” said Annala, therefore creating a new revenue stream and compensating for the lacking harvest this past summer. He continued by stating, “students will

know where their food comes from, whereas when you get something from the grocery store you’re seeing stickers from Brazil, and Honduras – none of this is Canadian. So, by using Roots, we’re going back to our roots – we’re dealing locally.”

Enactus is looking to further develop the project in the future by adding recipes to their website; raffling off dinner parties that provide students the opportunity to learn how to cook the variety of produce that is

included in each box; as well as adding a “work for food” setup that will allow students to volunteer for the project and compensate them with boxes of food. Ideally, Annala would like to see the project expand into the rest of the Kelowna community so that they may also benefit, but his current goal is to help the students: “we want to make it so that the students aren’t going broke just to survive.”

## UBC’S NEW LEARNING PLATFORM

Noelle Viger – Staff Writer

Changes are occurring all over campus. From detours to bus routes to new buildings, everything is in flux. This includes online components as well. One of the major changes that UBC Okanagan is putting into effect this year is the gradual transition from Blackboard Connect to Canvas. This change was announced on June 8th. By the fall of 2018, Connect will be used no

longer and all classes will be transferred over to Canvas.

UBC describes Canvas as having a “more user-friendly interface for faculty, students and staff.” Canvas is also a system that is much more mobile friendly than Connect. It has an app that students can download in the app store or on google play. Canvas also features a responsive design, which will make it easy to use on

mobile devices, even if the app is not downloaded.

Canvas is also a popular choice for universities; UBC advertises it as a learning platform that is “widely used across world-leading research intensive universities” and the move “represents a significant opportunity... to further enhance the way digital tools can support and enhance student learning.”

However, the slow transition from Blackboard to Canvas means that many students have quite a few courses still on Blackboard while some others are on Canvas. Classes that are over 200 students not been moved to Canvas in “this cautious roll out of new technology,” and classes of this size will not be moved over to Canvas until 2018.

For now, students will have

to adjust to having courses on two different websites. Next year everything will be consolidated onto one site for the entire school. Until then, it will be a year of hopping between websites depending on what courses you are enrolled in.



# QUEER ORIENTATION

Jacob A. Vriens – Contributor

The second annual Queer Orientation is colouring the month of September! The Orientation is hosted by the Equity & Inclusion Office in cooperation with the Pride Resource Centre, The Pride Alliance, and a number of other partners. This year's month long Queer Orientation consists of nine separate events; the first of which, a film screening of "What I Love about Being Queer," was held on September 5.

The events are the result of a collective effort to create more positive spaces for LGBTQ2+ identified people around campus; as well as allow staff, faculty,

and students who are interested in the events to join in the array of activities and information sessions. Queer Orientation co-coordinator, Lea Sebastianis, explained, "studies have shown that queer students on this campus feel isolated and alone. Therefore, these events are crucial for the students' wellbeing and work towards building an inclusive university."

The diverse and abundant turnout of students and staff at past events "[have] been amazing," Leah reports, "both queer students and allies have been building relationships in very positive ways. The atmosphere has been nothing but loving and supportive. This type

**"BOTH QUEER STUDENTS AND ALLIES HAVE BEEN BUILDING RELATIONSHIPS IN VERY POSITIVE WAYS. THE ATMOSPHERE HAS BEEN NOTHING BUT LOVING AND SUPPORTIVE. THIS TYPE OF QUEER COMMUNITY IS SOMETHING I HAVEN'T FELT BEFORE ON THIS CAMPUS."— LEA SEBASTIANIS**

of queer community is something I haven't felt before on this campus." She encourages people to "come out to these events and empower themselves through learning about identities and topics that may make them uncomfortable."

Of the nine events arranged for the orientation, some will be held on campus whereas others will be held downtown. Highlight events such as: "Queer in Kelowna – a Community Conversation" will be taking place downtown on September 19 along with the "Queer Faculty, Staff & Allies Bowling" on September 28.

Reba Bahuis, the co-coordinator for Queer Orientation, says that

"Equity has chosen a very good mix of events and Pride took these events as a starting point. Pride and Equity worked together on Queer Sex Ed, which was run by the Pride Resource Centre. OutTalk – a Student-Led discussion – is also an event run by Pride. The PRC supports Equity and Inclusion fully. They love us and we love them. It's mutual love." These campus resources are of value to all students of UBC Okanagan and by having a presence they are making a difference.

# UBCO IS #TEXTBOOKBROKE

Dayne Patterson – News Editor



Seeger Nelson/ The Phoenix News

Can you imagine a world with free textbooks? The UBC Okanagan Student Union is working on it. Open Education and Open Educational Resources have been a widespread conversation over the past couple years, and with the rise of the new #textbookbroke hashtag that is trending on Instagram and Twitter the possibility of universally free textbooks is closer than it has ever been, and it is far past due. In the last 10 years, between 2006

and 2016, textbook prices have increased about 88%, which is 4% more than general inflation.

One of the Student Union's goals for the year was looking into Open Textbook Resources. Amal Alhuwayshil, the current Vice-President External for the UBCO Student Union, has been leading the charge on campus in recent weeks, pushing for students to take control and challenge the increasing price of textbooks. For her, the first step is spreading awareness. Amal, with the help of dedicated

**IN THE LAST 10 YEARS, BETWEEN 2006 AND 2016, TEXTBOOK PRICES HAVE INCREASED AT AN AVERAGE OF ABOUT 88%, WHICH IS 4% MORE THAN GENERAL INFLATION.**

volunteers, has plastered the school with posters, handed out bookmarks, and even the dressed up the sleeves wrapped around Green Bean, EMEats, and Green Thread coffee cups to communicate to the student body – but that's just the beginning. Amal wants to "make some noise on social media," by asking students to take photos of their receipts, or anything that reveals the cost of your textbooks this year, and post them online with the hashtag #textbookbrokeBC so that the provincial post-secondary institutions, specifically the University of British Columbia, take notice. Amal and the UBC Student Union President, Trophy Ewila, also spent time outside during the week reaching out to students and petitioning for their campaign. Additionally, she says that is essential that we, as students, need "to start talking [to other students and professors] about Open Education Resources as a platform that is available to professors for their courses."

The next step for the project is using the online support from the students on social media, as well as from those who signed the petition, to discuss the Open Educational Resource with the faculty and debate the possibilities of eliminating textbook costs indefinitely.

Amal isn't sure what the outcome of the conference with UBC Okanagan faculty will hold, but "[hopes] that this campaign will push faculty and university administrators to create and/or adopt more educational resources available online for free. As well as from the provincial government to increase the support and funding; as back in 2012 when the British Columbia Provincial Government approved \$2 million in funding for the creation of open textbooks. Since then, it's been students' unions putting the funding forwards. There needs to be more funding from the British Columbia Government to push for the development of more courses as well as more support to the professor's developing resources." One UBC Okanagan professor, John Hopkinson, has already taken the plunge and during a winter semester in 2015 saved a collective \$27,000 for the students in his physics class. Similar steps have been taken on the Vancouver Campus with sums nearing \$60,000 saved per larger classes. With some of the UBC Okanagan students paying upwards of \$1500 for one semester's worth of textbooks, open textbook resources are beginning to look more like a necessity.



# JUSTIN TRUDEAU ON THE HOT SEAT IN ‘THE FURNACE’

Canada’s Prime Minister Hosted a Town Hall in UBCO’s Gym and Faced Some Heated Questions

Dayne Patterson – News Editor  
Noelle Viger – Staff Writer  
Jacob A. Vriens – Contributor  
Photos by Jacob A Vriens

Canadian Prime Minister Justin Trudeau made an appearance at UBCOkanagan on Wednesday, and received a warm welcome from the students, staff and Kelowna community. Chief Clarence Louie officially welcomed the Prime Minister and his cabinet onto Okanagan land, on behalf of the First Nations Okanagan bands.

From inside UBCO’s furnace, the Prime Minister faced an array of burning questions from the Okanagan community, all of which sparked some intense responses from those present, ranging from applause to heckling from the crowd.

He faced daunting questions about the status of the investigations on Missing and Murdered Indigenous Women; the recent Tax Reforms that

will only hurt her as a small business owner, as she will not receive the same benefits as her own employees, such as maternity, retirement, and pension. Trudeau stated that he was fairly certain that in all provinces female physicians do receive maternity leave. This was met by large calls to the contrary and a member of the crowd loudly calling out “you’re lying!” Trudeau met this criticism with the calm response of “I said I was fairly certain, and I’m happy to be corrected.” His reply was met by a round of applause from the audience.

He was also confronted with the popular question surrounding the prolonged mistreatment of Indigenous people in Canada, and the steps taken in an attempt to reconcile the Indigenous population.

Trudeau admitted Canada had failed in its effort to uphold the treaties and “live up to our responsibilities, to our promises, to our word, [and] to our honour, in regards to Indigenous peoples who are the original inhabitants of our land.” He continued by stating that it would take more than the legislation in Ottawa to resolve the century-long issue. To regain the trust that was broken and rebuild the fractured Indigenous communities it will require the effort of all the peoples of Canada for generations to come.

The most enthusiastic response of the night, which included a standing ovation, was given to a young member of the transgender community who offered thanks to Trudeau and his cabinet for the passing of Bill C-16 through parliament. This bill disallows hate or discriminatory propaganda towards the LGBTQ+ community, and outlines such actions as a criminal offence. Justin Trudeau responded with a smile, “defending rights is something we do as Canadians.”

**“DEFENDING RIGHTS IS SOMETHING WE DO AS CANADIANS.”**

have been criticized for their negative impact on small business owners; the imperfect immigration system; the unresolved problems plaguing many Canadian Indigenous communities, and a question about the British Columbia transportation sector, brought up by a spectator that commented on UBCO’s leading research – all which were answered with Trudeau’s staple calm and collected stature.

Trudeau faced an irritated spectator over his unfamiliarity with the laws around maternity leave in British Columbia. A practicing female physician argued that the tax reform





**Lifestyle**

# SAFE WALK AND S.A.R.A. PROMOTE CAMPUS SAFETY

University resources that make the campus a safer and more comfortable place for everyone

Daniel Greene – Lifestyle Editor



Left to right, photo by Sarah James & photo provided by UBCO

Unfortunately, sexual assault is still a pressing and salient issue on university campuses across the country. UBC Policy 131 defines sexual assault as “any form of sexual contact without a person’s consent, including the threat of sexual contact without consent.” Data collected by the University of British Columbia’s Vancouver campus shows that during the previous year, 14 cases of

sexual assault were reported to campus security (“UBC Sexual Assault Statistics”).

As troubling as these numbers are, it is important for students not only to contribute to the elimination of rape culture on campus, but to be aware of the resources available to those who have survived sexual assault. S.A.R.A (Sexual Assault and Rape Awareness) is a student campaign that works

toward this end by providing education to students as well as by directing survivors to the appropriate resources. S.A.R.A encourages members of the UBC community who have been in any way affected by sexual assault to contact Health and Wellness on campus at UNC 337. Whether you are a survivor, a witness, or an individual who is providing support to someone who has experienced sexual

assault, Health and Wellness will take your disclosure and work to provide you with referrals to counselling services.

Another indispensable resource on UBC Okanagan’s campus is a service offered by campus security called Safe Walk. Safe Walk will provide a co-ed pair of students to walk you anywhere on campus should you feel threatened at night. Regularly scheduled

walks can be set up by contacting campus security, or if you simply find yourself in a scary situation, give them a call at 250-807-8076. Or, if it is an emergency, call 250-807-8111.

Everybody has the right to feel safe and comfortable on campus. Do not hesitate to use any or all of the resources the campus has to offer.

## STRESS SICKNESS AND STUDENT SUFFERING

Willa Holmwood – Contributor

Students from all across the globe gather at UBCO to receive a world class education. Along with cell phones, notebooks, and water bottles, each student brings a plethora of microorganisms that accumulate on our campus every single day. Universities are a breeding ground for previously dormant pathogens to thrive.

Travelling students are exposed to different types of infectious agents that are common to their hometown. Subsequently, they develop the antibodies needed to fight off that specific pathogen, thus creating immunity. So even if their body is infected, they will not feel any symptoms.

However, if this same pathogen is spread on campus, someone from a different location may not have the antibody developed. When touching the same door handle as an immune student, the pathogen can be introduced into a vulnerable immune system and wreak havoc due to the difference in antibodies. This can lead to a significant increase in sickness among university students, as the mosh pit of pathogens attacks those who are lacking specific antibodies.

If that alone wasn’t enough, factor in the increased stress levels that students commonly experience. When the human body is stressed, fight or flight hormones are released.

During this time, other bodily functions such as digestion, or in our case the immune system, are suppressed. This occurs because our bodies can adapt to focus on what is currently most important to our survival. Stress is greedy. It steals resources from the immune system, causing a weakened immune response. This allows pathogens to multiply more efficiently, again causing an increase in sickness.

Now for the cherry on top: a lack of sleep. Nearly everyone has heard that a lack of sleep is correlated with an increase in getting sick. But why is this? In the immune system, there is a type of white blood cell called a lymphocyte, which can be

further subtyped as a T-cell. These cells are essential in the immune response as they can heroically destroy infected cells. When it’s midterm season and all-nighters are way too real of a possibility, sleep deprivation occurs. With a lack of sleep the prevalence of T-cells decreases. Given what you’ve learned about the function of T-cells, you can imagine how detrimental this is to the immune system. Being unable to kill infected cells will allow them to proliferate and increase the virulence of the sickness. No wonder university students are always getting sick!

So is it even possible to avoid the wrath of a throat

that feels like it was rubbed with sandpaper, or my favourite attraction called the “Niagara Falls of snot?” Well, the answer is maybe. The risk of getting sick will never be eliminated, but it can be drastically reduced. From washing your hands between classes, to getting the flu shot, to studying in advance (so all-nighters can perhaps become half-nighters), the cells in your immune system will sincerely thank you. Now go kick some pathogenic butt!



# CAFFEINE VS. SLEEP

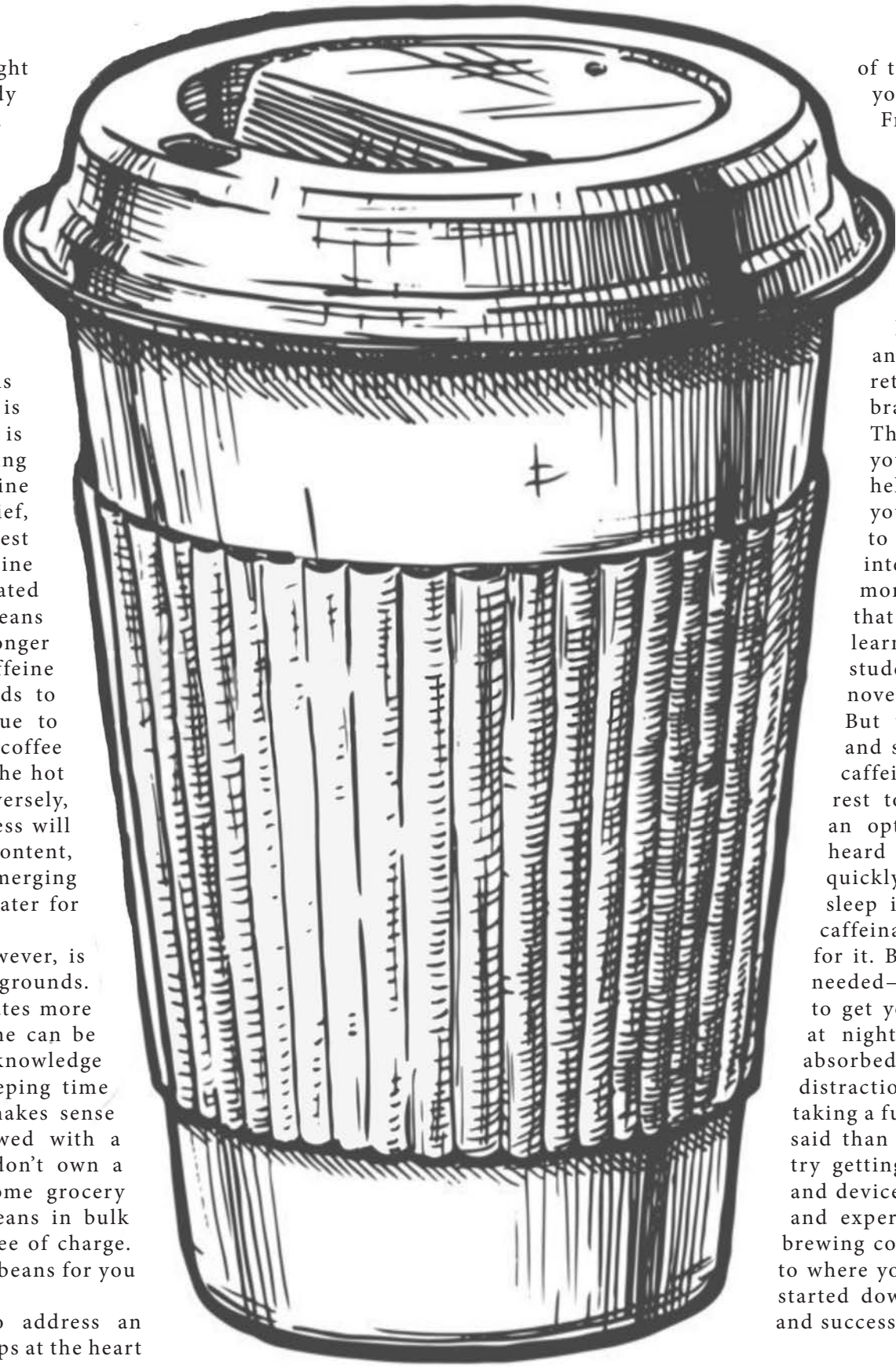
Finding the perfect balance between caffeine-induced stimulation and rest

Daniel Greene – Lifestyle Editor

It’s six a.m. Sound is confusing, light incomprehensible, and the body seems content with assuming a state of bed-ridden atrophy. Once again, you’ve sacrificed a good night’s sleep in the name of ploughing through as many readings as possible before Monday morning’s classes. Now, surely what is needed is a strong, voluminous cup of coffee. But what kind? Surprisingly, not all coffee is created equally. If stimulation is what you’re looking for, then it is important to know which brewing methods yield the highest caffeine content. Contrary to popular belief, espresso does not pack the highest dose of caffeine. The caffeine content of coffee is directly related the amount of time the ground beans are exposed to hot water—the longer they get to steep, the more caffeine can be extracted. Espresso tends to have lower caffeine content due to the fact that the finely ground coffee beans are only in contact with the hot water for mere seconds. Conversely, coffee brewed with a French press will have a much higher caffeine content, being that it involves fully submerging coarsely ground beans in hot water for up to several minutes.

Another factor to consider, however, is the consistency of the coffee grounds. Grinding coffee very finely creates more surface area from which caffeine can be extracted. So, combining this knowledge with the fact that a longer steeping time increases caffeine content, it makes sense that finely ground coffee brewed with a French press is ideal. If you don’t own a coffee grinder, don’t worry; some grocery stores that sell whole coffee beans in bulk provide use of their grinders free of charge. Starbucks can grind your coffee beans for you too.

All of this, however, fails to address an important question that is perhaps at the heart



of the issue: is it worth it? Suppose you make a potent, opaque cup of French press coffee that elevates your heart rate and gets you out the door in the morning. How much of last night’s readings have you retained? How much will you remember tomorrow, a week from now, or come exam time? Studies have shown that sleep plays an important role in knowledge retention, and even helps our brains to synthesize new ideas. Therefore, not only does sleep help you remember more, but it may help you to process the knowledge you have ingested, allowing you to come up with more original interpretations. This couldn’t be more desirable for students, given that ubiquitous among professors’ learning outcomes is a desire for students to come up with insightful, novel theses for term papers.

But while it may seem that coffee and sleep are each other’s antitheses, caffeine can still be balanced with rest to allow students to perform at an optimal level. You have probably heard of the “coffee nap,” the act of quickly drinking coffee before a short sleep in order to wake up rested and caffeinated. If this works for you, go for it. But perhaps balance is all that is needed—enough caffeine in the morning to get you going, but also enough sleep at night to process all that has been absorbed during the day. With so many distractions, and the anxiety involved in taking a full course load, this may be easier said than done. As difficult as it may be, try getting into a routine. Put the books and devices away at a set time every night, and experiment with various methods of brewing coffee. At worst, you’ll revert back to where you started. At best, you will have started down a new path of self-discipline and success.

# DRIVING ME GNATS

Daniel Greene – Lifestyle Editor

If you have spent any time in the grassy courtyard between the Arts building and Administration, or if on Create day you ate lunch there, then you have probably noticed the incessant swarms of gnats, or more specifically, fungus gnats. The word “gnat” is actually a general term for a wide

variety of small, two-winged flies and includes crane flies, black flies, and mosquitoes. While these flies don’t bite, they can be a real nuisance, especially when they cling to clothing or settle into food. With so many of them, escape can seem impossible; however, there are steps you can take to avoid them. Fungus gnats like

to lay their eggs in damp soil and therefore will cluster in areas with regular irrigation. With this in mind, it would be wise to avoid the courtyard. Its lush, green grass is evidence of liberal watering, and it should be no surprise that this is one of the more problem areas. Gnats are also attracted to bright colours, especially

yellow, so if you want, or need to spend time outside, try sticking to earth-tones. Lastly, gnats are attracted to food, especially rotting materials such as that found in garbage. Eat lunch inside, and if you do go outside, stay away from recycling and garbage bins as well as areas where irrigation water might pool and become

stagnant. As irritating and disgusting as fungus gnats may be, eventually they will all disappear with the coming of winter. So until then, stick to the paved areas of campus and try to enjoy the last fleeting weeks of summer.

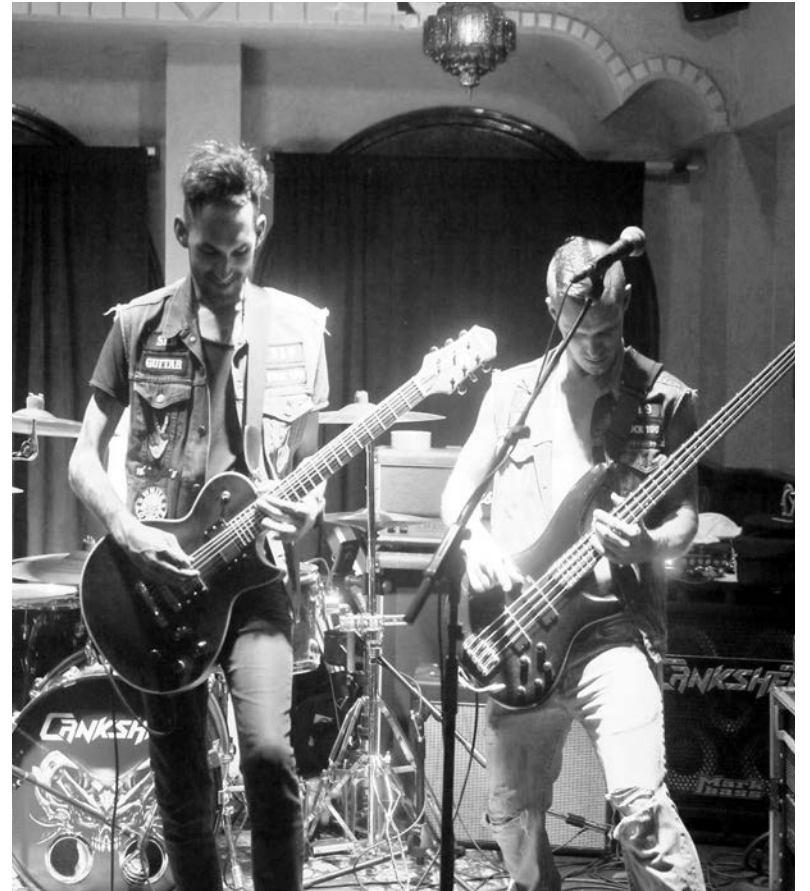


## Arts

# PRIMAL SCREAM

Fernando's was rocked to the ground by Vancouver's Crankshft

Curtis Woodcock – Arts Editor



Left to right: Photo provided by Alex Barredo, Curtis Woodstock/ The Phoenix News

Vancouver based band Crankshft (pronounced Crank Shaft) came roaring through town September 7 and, while they played to a modest crowd, they kicked their emotional brand of hard rock into high gear. Reminiscent of bands such as Godsmack, early Three Days Grace, early Shinedown, and the musicianship of Five Finger Death Punch. Bringing a pleasant combination of

melody and bone crushing riffs, that fans of many genres will find appealing, they gave you more than enough groove to dance the night away. This was their first tour across Canada and to have them kicking it off in Kelowna is a wonderful honour. Their lead single from their new EP, Systematic, was voted 'Best Metal Song' at the Academia Awards Academy in Los Angeles. This is an impressive

feat considering the band first formed in 2015 and has been crushing their local music scene ever since. Their performance was raw and incredibly charged. It was clear that everyone was talented and connected. The songs flowed together flawlessly with nothing appearing out of place. Everyone in attendance was having a blast from the thundering onset of the show to an equally powerful close.

They even threw in a cover of the 80's classic 'Eyes of a Stranger' by the Payolas which was executed with ease.

Singer Shane Jolie grew up in Vernon but decided to pursue music in the much more bountiful metal scene of Vancouver. Together Shane, Trevor Miles (Bass), Josh Lauze (Drums), Sebastien Mark Pulse (Guitar), and Geoff Way (Guitar), have crafted a melodic nod to

grunge of the past while simultaneously embracing heavy music's bright future. They will be wrapping up their tour on September 23 in Montreal.

Make sure to grab a copy of their new EP from iTunes, Bandcamp, Spotify or Google Play and get ready for some hard-hitting anthems.

## HAVE YOU SEEN "IT"?

Brie Welton – Coordinating Editor

Are you looking for a movie that will send you on an emotional rollercoaster you'll be reeling from and lining up to ride again? New Line Cinema's "It," based on Stephen King's bestselling novel by the same name, is sure not to disappoint in that regard. The stunningly realistic graphics, gruesome phantoms and frequent scares will have you squirming and jumping all throughout the 2 hours and 15 minutes of the film (or cowering in your seat like this Phoenix reporter).

However, "It" isn't all gore and scare: it has a fantastic cast of talented child actors whose characters will make you laugh out loud, touch your heart, and say "aw!" The movie features "Stranger Things" star Finn Wolfhard who plays a snarky loudmouth with thick 80's glasses - and is responsible for the surprisingly dirty and witty banter which lends the movie its comic relief. The story follows this gang of children as they seek to kill the monster It - the evil

**FOR THOSE ON THE FENCE ABOUT "IT", HERE'S MY TAKE ON IT: IF YOU DON'T LIKE MOVIES WHERE THINGS JUMP OUT, DON'T GO.**

clown named Pennywise that has been snatching children in their hometown Derry, Maine. Fortunately for those enraptured by the film, there will be a second one released sometime in the future. "It" Part 2 will feature the adult versions of the original characters and take place 27 years after the first film. For those on the fence about "It," here's some advice: if you don't like movies where things jump out, don't go. If you're a fan of Stranger Things or Stand by

Me, you may have just found your new favorite movie. Well worth the watch!



# TWO ADDITIONS TO UBCO IN MEMORY OF FORMER STUDENT

“Pair of Deer” constructed in UBCO’s courtyard in commemoration of River Sidley

Sarah James – Production Manager



Left to right: Sarah James/ The Phoenix News, Photo provided by Sidley Family

You may have noticed two new additions to the UBCO courtyard, or if you haven’t had the chance, two bronze sculptures have been installed in honour of former student, River Sidley who passed away December 9, 2014. “Pair of Deer” was created by David Sidley, River’s father, as a commemoration to his memory of his time here at UBCO.

“The sculpture is a moving tribute from a parent to his

departed son. River felt at home on this campus and we were honoured to choose a prominent location for the work as a reflection of the Sidley family’s embrace of our learning community,” said UBC Deputy Vice-Chancellor and Principal Deborah Buszard, speaking about the bronzes.

In River’s first year he lived in Valhalla Residence where he became a part of the notorious Val 2 crew which were known

all over campus for their rowdy floor, RA, and campus pranks. He enjoyed every minute of his time spent on campus, but found his true passion at the Bamfield Marine Science Centre. Because of this The River Timothy Sidley BMSC Scholarship Award was created in his honour, which supports a UBCO student planning to attend the Science Centre.

The work itself “adds breadth to our collection”

says Susan Belton, curator of UBC Okanagan’s Public Art Collection. The collection is extensive and diverse, although this work specifically because of its location where so many events are held and people gather will resonate with students and guests to our campus and hopefully remind them of River’s time here.

The Sidley family has deep roots with UBC, as River’s sister, Sage, graduated from

the Fine Arts program in 2016. “In appreciation of UBC Okanagan, and in honour of River, I decided to install these sculptures on the campus,” David Sidley said. “Hopefully, they will be enjoyed for years to come and remind people of my son who probably would have made a name for himself here as well.”

# ARCHITECTS OF SAFE SPACE

Curtis Woodcock – Arts Editor

When one thinks of metal shows, safe spaces were not something that originally would come to mind. Frontman of U.K metal band Architects is actively changing that. Recently, during the Lowlands Festival in the Netherlands, Sam Carter witnessed a woman crowd-surfing and a man grabbing at her breast. After the song, he debated out loud on whether he was going to say something and ultimately, he decided to take a stand for creating a safe concert space. Passionately cursing the man who assaulted the woman, he was met with loud applause and praise for standing up for women’s right to have a safe space at a concert. “I’ve been going over in my f\*\*\*ing mind

about whether I should say something or not about what I saw in that last song, and do you know what, I’m gonna f\*\*\*ing say it. I saw a girl, a woman, crowd-surfing over here, and I’m not going to f\*\*\*ing point the piece of s\*\*t out who did it, but I saw you f\*\*\*ing grab at her boob, it is f\*\*\*ing disgusting and there is no place for that s\*\*\*. It is not your f\*\*\*ing body, it is not your f\*\*\*ing body and you do not f\*\*\*ing grab at someone. Not at my f\*\*\*ing show. So, if you feel like doing that again, walk out there and f\*\*\* off and don’t come back. Let’s keep this going, let’s keep this a f\*\*\*ing safe place for everybody, and let’s have a f\*\*\*ing good time.” I really hope this is a continuing trend, not

only in the metal scene, but in all areas of our human experience.

Architects have made a name for themselves with their amazing music but also their politically charged lyrics. They want to make a difference in this world and are doing everything they can to do so. The majority of the band members are vegan, so they not only stand up for human rights but also for animal rights. Calling out world leaders for destroying the planet in the name of greed and challenging the current systems in place is an important task that not many bands are willing to take on. They definitely practice what they preach and are gleaming examples for what heavy bands can do to not only make a

difference but to bring a positive force to a scene that often gets labelled as harsh or evil. Individuals can make a difference and the guys in Architects are really trying to drive that point home. Any change starts with speaking up, or in Architects case screaming it in your face in hopes people will listen and start making positive choices in order to create a new cultural landscape where we all can flourish without the destruction of the only place humans have to live currently.

They recently released a new single Doomsday, which they finished writing after the tragic passing of founding member and main songwriter Tom Searle, to glowing reviews. It

is as hard hitting as you would want from these guys with such a balance of heart and powerful emotion injected into it that it’s impossible not to feel something. It is available from all streaming providers and digital download retailers and is worth checking out. As a band, they weren’t sure what the future would hold without, Tom but so far everything they have done has honored his memory and helped them push forward through the grief, putting put them on a path to continue the bright future that Tom had envisioned. Its bands like this that will make a difference in this world and will help people think past the everyday control of cultural norms.



# CULMINATING ONE'S OWN EULOGY

American rock band Brand New's latest album could be their last

Curtis Woodcock – Arts Editor

Did you know that Brand New was releasing a new album this year? Well neither did anyone else until August 15 when a very limited vinyl pre-order went live on their Procrastinate! Music Traitors record label website. It was a exclusive pressing and gave away no information beyond confirming the long anticipated fifth album. It had been 8 years since the release of “Daisy,” the band’s previously highest chart-topping album, which reached number 6 on the Billboard Top 200 albums in the US. On August 17 fans who were lucky enough to receive the pre-order were mailed a CD which contained a single track running for sixty-one minutes titled 44.5902N104.7146W.’ This ended up being the coordinates to Devil’s Tower National Monument in Wyoming. Being that this was the setting for the movie *Close Encounters of the Third Kind* it was a very peculiar clue. A booklet that also came with the CD was comprised of quotes from the chess match between Poole and HAL 9000 in *2001: A Space Odyssey*.

The CD was only sent to the 500 people who pre-ordered the mysterious Vinyl and one fan had the great idea to live stream the track to Facebook and then use the Shazam app, which revealed the album title and a partial track listing. Later on that evening it became officially available for pre-order on CD, Vinyl, and digital formats, but it is available to fully download on Apple music now. It was one of the most low-key album releases for a major band and it had an immense pay off. It debuted at number one on the Billboard Top 200, which is the band’s first number one album, creating massive buzz around the release. There was no advertising, no major announcement, and no promotion in any way, but within minutes the announcement of the new album was everywhere.

Emotional journey does not begin to describe the consumption of this album. It is a phenomenal trek through a creepy, yet familiar, narrative. The album opens with “Lit Me Up,” a 6 minute and seventeen second exploration

of internal struggle. As we listen to a recount of someone’s suffocating dreams, the clips are uncredited so it is not clear whose therapy session we are getting a glimpse into, but it sets the tone for the entire record. The end is near and relief is to be had. The final line of the session is “I don’t mind having all this going on inside of me, it’s sort of, I think I’m going to be relieved when it’s over, and I can sort of settle back down.” It would seem that this is the sentiment the band is subtly sharing, baring their reported end in 2018. Last year Brand new released some new shirts toting an almost funeral type design which read “Brand New 2000-2018.” The evolution of their demise is such an interesting topic and this album is dripping in the desire to tie up the loose ends. “I want to put my hands to work until the works done” softly sung near the close of the intro track it makes one think, is this album and tour the last bit of work before its done?

“Waste” is a sort of acceptance and reassurance to singer Jesse Lacey’s past self.

He lays bare the past mistakes of not only the band but his younger lost self. Being open about his challenges with mental illness throughout the album are a welcome comfort into understanding such a gifted individual while also letting the rest of us know that we are not alone in these struggles. Furthering the theme of an ending or eulogy, Jessie sings “if it’s breaking your heart, if nothing is fun, don’t lose hope, my son, this is the last one.” Being that this is only the third track on the album it’s quite clear that Jesse, while appreciating the therapeutic aspects of music, is looking forward to letting go of the pressure of creating new material and potentially letting people down. While also giving himself the permission to feel what he is feeling and gaining the space to heal.

Another interesting song on the album is song 6, “137”, which refers to Caesium 137, a radioactive isotope that did not show up in our atmosphere until humans detonated the first nuclear bomb. This song explores a philosophical

thought process about the end of the world due to nuclear destruction. Creating harsh but clever imagery with lines such as “let’s all go play Nagasaki, we can all get vaporized, hold my hand, let’s turn to ash, I’ll see you on the other side,” and “Before the garden, when you were all alone, you made the atom, was that some inside joke.”

While this final album serves as the bands eulogy and as a summation of their musical evolution, as well as Jessie’s mental health evolution, it can’t help but leave a feeling of completion and, at the same time, emptiness. It wraps up their career so perfectly and explains so much while simultaneously leaving us with so many questions and yearning for just one more exploration into Jessie’s mental health. It is an extremely personal record which will be comforting to most fans. It solidifies a connection that Jessie may not realize was achieved. We the fans will forever be thankful for being included in his journey.

## BROKE AND BORED?

Curtis Woodcock – Arts Editor

The Faculty of Creative and Critical studies welcomes visiting artists throughout the year. If you’re up on campus, and your money has suddenly disappeared with the start of a new semester, these lectures are free so it’s a great way to save some money and experience something new.

Starting on September 18 with visual artist Elizabeth Zvonar. Her lecture will start at 2:00p.m. and will go until 3:15p.m. in UNC 106. She graduated from Emily Carr in 2001 with a Bachelor of Fine Arts. Her creations are designed to trigger neural messages exploring the metaphysical and metaphor. Combining humor and art history references to point out discrepancies between hierarchical structures and the sexes. Recently inducted into the

Royal Canadian Academy of the Arts as well as shortlisted for the 2016 Aimia Photography Prize at the AGO in Toronto.

Dominique Petrin will be delivering her lecture Monday November 6. Hailing from Montreal, she is a multidisciplinary artist who also was in the petrochemical rock band Les Georges Leningrad. Creating visual stimuli with renowned artists such as Sophie Calle, Pil & Galia Kollektive from London, as well as Antonija Livingstone from Berlin, Stephen Thompson from Paris, and Jennifer Lacey from Paris. These last artists are choreographers and they collaborated in Culture, Administration & Trembling performance at Impulstanz in Vienna, FTA in Montreal, American Realness festival in New York and

Fierce in Birmingham. With many accolades to her name such as being awarded an artist residency at the Banff Centre, selected for the Quebec Triennial at the Montreal Museum of Contemporary Art, longlisted for a Sobey award, and not to mention that her work has been displayed not only on Canada, but in the United States, France, Belgium, and the United Kingdom.

On Monday November 20, Etienne Zack will grace the FCCS theatre with his presence. The foundations for his paintings usually begin with items that can be found around the artist’s studio. Creating constructions from paint tubes, cigarettes, and palettes, depending on the context of the piece. His work provides a philosophical commentary on paintings

history with a grounding in the real physical materials and aspects of painting. He studied at Concordia University as well as Emily Carr Institute of Art and Design. 2005 marked the year when he won the RBC Canadian Painting Competition and in 2008, he won the Prix Pierre-Ayot. His work has been displayed internationally and in the Quebec Triennial, the Vancouver Cultural Olympiad, and the Canadian Biennial.

Monday November 27 will see Alexandre David give his lecture. His style can be described as a visual artist combining the motifs of architecture and sculpture. These installations capture precise moments in time and space. His work is immersive and it encourages exploration, the constructions prompt the guests to consider architectural

possibilities within architecture, such as different freedoms, parameters, and orientations. Visitors are prompted to challenge conventional narratives established between pre-and post-minimalist sculpture through engaging in fresh ways of negotiating the fabricated space around us.

More information about each artist can be found on the FCCS website and on The Phoenix News website. Each visiting artist lecture will take place in UNC 106 starting at 2:00pm.



## Sports

## TOUGH FIRST ROAD TRIP FOR HEAT SOCCER

Heat program goes winless through first road stint of the season

Grayson B. Leahy – Sports Editor

In the second weekend of the season for the men and the first for the women's side, the UBC Okanagan Heat soccer program went winless with both teams on the road. The Heat men fell to UFV and TWU on Friday and Saturday, as the women's side came up just short against GMU on Friday and UNBC on Sunday.

Friday night's game against the Grant MacEwan University Griffins was the first road opener that the Heat have lost in the past four seasons. The Edmonton turf was not tilted in their favour this time, as they were shut out 3-0. It was a tough go for the Heat most of the way through, as the Griffins took a 1-0 lead into halftime, thanks to Brittany Costa's goal in the 22nd minute, while the Okanagan side had yet to record a shot attempt. The home side scored twice in the second half, in the 59th and 61st minutes, to make the score 3-0, where it would stay until the final whistle.

"I was pleased with some of the stuff the girls have done,"

said Heat head coach after the season opener. "We asked them to take risks and that's what happens. So, at the end of the day, that's on me, that's not on the girls."

Friday night was also the debut for four members of the Heat women's side. First year Erica Lampert and PACWEST transfer Anastazia Ziros started in their first game, and Jillian Hunt and Kacee Ougden came off the bench in the second half.

After a travel day Saturday, the Heat were in Prince George on Sunday, where they fell 2-1 to the UNBC Timberwolves. Trailing 2-0 after the first half, late pressure and a great effort from Susan Traynor with 15 minutes left to play brought the Heat within one, but all chances to tie it up in the final minutes were turned away. Traynor's goal was her first of the season and the first of the year for the Heat women.

"It was just one of those days...We had a lot of shots. We didn't let them out of

their half much, but just one of those days," said UBCO captain Andrea Stinson after the Sunday matchup.

After starting their season at home September 2 & 3, the Heat men's side saw their first road action in a 2-0 loss to the UFV Cascades Friday, September 8. The Cascades' goals came one in each half, as they got on the board in minutes 2 and 58.

The game was interesting even before it got going, with a 20-minute delay after the lights at UFV's Mouat Turf Field went out.

Once underway the matchup was physical throughout, with a total of 22 fouls and eight yellow cards handed out between the two sides. Shaun Pilcher also earned a red card, keeping him out of the Sunday matchup against Trinity Western in Langley.

That Sunday afternoon contest against the TWU Spartans went right down to the wire, with the Langley side netting one in the 89th minute to pull ahead and earn the victory.



Photo provided by UBCO Heat

After a scoreless first half, the first goal came for Trinity Western in the 49th minute, and the Heat tied it up at 1-1 in the 63rd. That UBCO goal was scored by Kelowna native and freshman defender Sam MacDonald, the first of his university career.

The Heat men's side holds a record of 1-3-0 after the

weekend, and play their next game on home turf against the Saskatchewan Huskies (4-2-0) September 15. On the women's side the Heat are 0-2 on the season and continue their road trip against the Regina Cougars (0-0-2) September 16 and the Saskatchewan Huskies (1-1) September 17.

## HOUSTON AND J.J. WATT RESPOND TO HARVEY

Watt has raised millions in aid for victims of hurricane in Texas

Grayson B. Leahy – Sports Editor

At their core, for most fans, sports are a distraction or a hobby that somehow take on the importance of something far greater than a game. In the aftermath of great tragedy and collective trauma, for sports fans, it is a return to the normalcy of the contest and the athletic spectacle that helps in the recovery process.

Texas and football are intertwined unlike any other pair of team and place in North America. From middle school onward, football is played at its highest and most competitive levels in the Lone Star State. In the aftermath of Hurricane Harvey and all the destruction that it has brought with it, it is fitting that a football player would lead the charge of athletes and

celebrities to help Houston recover.

J.J. Watt has been the face of the Houston Texans for over five years and has taken to Houston almost as enthusiastically as the city has embraced him. The Pro Bowl defensive end has done charity work in throughout Texas and Wisconsin and beyond since joining the NFL, but in response to Harvey, he and his supporters have put all that previous work to shame.

Shortly after Harvey made landfall in Texas, Watt started a crowdfunding page with YouCaring on August 27, with a stated goal of raising \$200k to help with the relief efforts in his adoptive city. As one of the most charismatic athletes

**"HERE'S AN IDEA: MORE THAN 66,000 HAVE SIGNED A PETITION TO RENAME A TEXAS HIGHWAY THE JJ WATT PARKWAY"**  
— TEXAS GOVERNOR GREG ABBOTT

in professional sports, and the most recognizable athlete in Houston, it is not at all surprising that Watt would step up and try to help out the city after the devastation caused by the storm. The surprising thing about the campaign, for everyone involved, is how far past the initial goal it got.

On Saturday, September

9, Watt announced on Twitter that the fundraising page had gone past \$30 million collected. Thanks to his previous charity and humanitarian works, as well as his amiable public persona, contributions to the relief fund have come from former President George H.W. Bush, Ellen DeGeneres, and Jimmy Fallon, amongst a host of others.

With the Washington Post reporting the damage done at potentially \$190 billion, and with the Reuters estimate of over one million displaced, the ability and drive of big-name athletes to help will be worth more than just the dollar values that come, especially J.J. Watt who means so much to so many in Houston.

In times of great tragedy, innocent distractions are a great comfort. In Texas, football has become the ultimate distraction, and many would argue that it is a way of life all its own. That way of life has been incredibly good to J.J. Watt, and his efforts to help those who've made it so are a commendable example of compassion and humanity.

In response to Watt's fundraising campaign, fans and appreciative Texans started a campaign of their own, on Change.org. That campaign found the eye of Texas Governor Greg Abbott, who tweeted on September 4, "Here's an idea: More than 66,000 have signed a petition to rename a Texas highway the JJ Watt Parkway."



# HEAT 2017 RECRUITING CLASS ADD STRENGTH & SIZE TO WOMEN'S BASKETBALL PROGRAM

Six rookies fill out exceptional 2017 recruiting class

Grayson B. Leahy – Sports Editor

After the UBC Okanagan Heat women's basketball team graduated four of their key players from last season, included all-time program leading scorer Emily Kanester, head coach Claire Meadows and her staff were hard pressed to fill the gaps left on a team with ever increasing playoff hopes. Having added six recruits during the offseason, the Heat have added some power up front with a pair of forwards and rounded out their backcourt with a mix of height and shooting ability in their four new guards. Also making her first appearance for the Heat will be last year's recruit Jordyn Cullum, who redshirted last season.

"This is an exciting year for our program as we have added a lot of young talent to our roster," said head coach

Claire Meadows of this year's recruit class. "We are adding some size, quickness and a handful of players who can shoot the ball very well. It will be very exciting to watch them develop and grow in our Heat program."

Anastasia Evans, a product of Dr. Charles Best Secondary in Coquitlam, will bring height and NCAA experience to the Heat post. The 6'0" forward is a transfer to the Okanagan program, coming off of a year with Auburn University at Montgomery in Alabama. Her partner in joining the ranks of Heat forwards this season is 5'11" Vernon product Brianna Falk, who is coming out of a provincial silver medal-winning season with the Vernon Secondary Panthers during which she earned

recognition as a first team Provincial All-Star.

In the backcourt, the Heat have added four guards in Lindsey Bott (5'10"), Sadie Beers (5'9"), Claire Feasby (5'10"), and Kate Johnson (5'8").

Bott comes to the Heat from Seycove Secondary in Burnaby and brings with her a wealth of high-level provincial experience. Having been a member of Team BC squads for years, and earning a bronze medal at the Western Canada Games in 2015, she is joining the Heat after back-to-back appearances in provincial championships from which she took home a silver and a gold medal with her Seycove team.

Beers also bring provincial team experience, having played for a pair of Team BC

sides, and played her high school ball at Vancouver's Little Flower Academy. Her success from three-point range will be an asset to the Heat, who have put a focus on the three-point shot the past few seasons under coach Meadows.

Feasby is another proficient three-point shooter, her accuracy attested to by her exceptional streak of at least one three-point shot made in 55 consecutive games for her Western Canada High team. In her last season at Western Canada, she won a provincial 4A silver medal and was named the MVP of the Redhawk Invitational. She also has past experience playing for Heat head coach Claire Meadows, who coached Feasby during her time with Team Alberta's U15 group.

The final addition to the Heat roster this year is Kelowna product Kate Johnson, who excelled in her high school athletic career at Immaculata. Holding seven provincial titles across basketball, soccer, and volleyball, her athletic ability leaves very little to be desired and will be an asset in the Heat's ability to play up-tempo basketball. She will join her sister Emma, a third-year guard on the team, and former Heat women's basketball standout Olivia Johnson is their older sister.

# SU'A CRAVENS LOOKING TO LEAVE FOOTBALL BEHIND

Washington's 22-year-old safety is considering retirement

Grayson B. Leahy – Sports Editor

Su'a Cravens was the 53rd overall pick in the 2016 NFL Draft, chosen in the second round by the Washington Redskins after playing three years at the University of Southern California. Now in just his second year with Washington, he is reported to be deciding on whether or not to bring his football career to an end. At just 22 years old, the strong safety from Los Angeles could become one of the youngest players ever to retire from the National Football League.

A week before the first weekend of the 2017 season, when Washington would open at home against Philadelphia, Cravens made the announcement that he intended to retire. Evidently caught off guard, Redskins team officials were able to talk him out of making the decision immediately, according to Adam Schefter

of ESPN. As of September 3, he has been taken off of the team's depth chart, where he was listed as the starter at strong safety. He has been moved to the Exempt/Left Squad list, which will allow him a month to make a final decision.

There has been no official reason given for Cravens' desire to end his on-field career, and there likely will not be one at least through this month. According to the Redskins organization, listing Cravens as exempt was intended to give him the time to resolve any related issues and make a final decision.

Though no official statement has been made, speculation about why the young athlete would call it a day has brought up a concussion he received last season. Afterwards, there were some questions about his eyesight, as he stated that the injury had left him at least

temporarily unable to keep track of moving objects. The head injury was not the first or the last health problem Su'a dealt with prior to the announcement, but it was

**"SIX MORE DAYS, THAT'S WHAT'S GETTING ME THROUGH THIS UNTIL CAMP IS OUT...THE FASTER I GET THROUGH THIS [DAY] THE CLOSER I AM TO THAT FIFTH DAY." - CRAVENS**

certainly the most concerning.

The news of Cravens' desire to leave the team broke the weekend before the season opener, but there were signs before his announcement that, in hindsight, make clear

that he was at least one foot out well before then.

In footage from training camp, Cravens was caught in a heated conversation about his energy and commitment with teammate Will Compton. "Six more days, that's what's getting me through this until camp is out," the sideline microphone picked up Cravens saying after Compton questioned him about his lack of energy. "The faster I get through this [day] the closer I am to that fifth day."

Hearing a professional athlete say that he is counting down the days until he can get away from the field is shocking for a number of reasons. No matter his reasons for not feeling as if he can continue at the top of his game, fans and online commenters were quick to take the low road. Almost immediately after the announcement was made public, posts online

were making all kinds of statements, some of the tamest of which declared him selfish and questioned his timing. Reacting like a reasonable adult, though, was Washington head coach Jay Gruden.

"He has given us everything he has had since he has been here," Gruden said when asked whether his safety could be seen to owe his teammates more. Asked about Cravens' potential return to the team and whether it would involve his regaining the trust of the organization, Gruden said, "I don't think that is the issue...I just think that there are some things really weighing on his mind that he has to take care of. So if he gets those things cleared up, then sure, we will take another look at him."



## Opinions

## ONE ON ONE WITH DR. RON PAUL

The experience of interviewing a three-time Republican Presidential nominee

Laurence Watt – Contributor

I was in my last year of high school when I first discovered Dr. Ron Paul. One evening I had unintentionally wandered into the weird part of Youtube and suddenly found myself watching highlights of Fox News' Republican Primary Debate in Iowa. Now, although the words "Fox News" and "Republican" have become increasingly synonymous with the words "fake" and "terrifying," stumbling upon this debate proved to be most serendipitous and life-altering.

What I saw during the debate highlights was a maverick among the Republican party, passionately arguing that the United States should adopt a non-interventionist foreign policy and bring the troops home from the conflicts in the Middle East. Dr. Paul didn't secure the Republican nomination for President in 2008 or 2012, but his ideas ignited a passion within myself for politics and ultimately led me to run in the 2013 B.C. General Election and choose to major in political science.

Six years on from that fateful evening, I had the immense luck and pleasure of being allotted 15 minutes to interview the former Texas congressman on a range of relevant topics. Below are some highlights from the interview:

**Laurence Watt:** "In your opinion, what factors in particular helped catapult Trump into the white house?"

**Ron Paul:** "Well, he

was speaking out as an independent. He was claiming correctly that things were a mess... He challenged the status quo and the people were sick and tired of the status quo... Trump was able to tap into the frustration that this thing isn't working, but the bad part was he didn't have much to offer."

**Watt:** "The United States debt is about to hit 20 trillion, is it still your belief that there could be an economic collapse similar if not worse than what we saw in 2008?"

**Paul:** "Yeah I think it's unavoidable, it's going to happen. You could do sane things, we could have a decent congress who did the voting and gradually worked their way out of this. But I think that the debate going on with Obamacare demonstrates that politically, you can't do it that way. Theoretically you can, but the people won't accept it. There are too many people who enjoy getting stuff from the government, which means the government steals it from one group and gives it to another. So it's not going to happen that way. I think it's going to happen with a collapse... and the only thing that prevents the collapse of the system right now is that there's still a fair amount of confidence in the United States.... People still know that we're powerful and the dollar is still strong enough... but eventually it ends, just like the Soviet system came apart I believe our system will

do the same thing.... It ends when the system collapses and that will be when the world rejects the dollar and then we will move into an era where interest rates will go up and prices are going to go up. We have so many examples throughout history that governments always do the wrong thing. The last recession since '08 hasn't gone away."

**Watt:** "As you've just mentioned and as history has shown, sometimes when there's an economic crisis, governments will use it as an excuse to expand their foreign policy. And so on that note... if there is an economic crisis, do you fear a potential war with Russia, China or Iran to divert attention from what's going on at home?"

**Paul:** "Yes, that's always a threat. And people do get unified when there's war, Republicans and Democrats tend to come together and that's always an excuse for strong nationalism. The limitation will be can you still afford it? Up until now we've been able to do that... but it's ongoing, I mean we already maximize that by spending so much money in the military industrial complex. I've ran into people in Washington who... say well 'we only got out of the Great Depression because Roosevelt got us into World War 2.' But World War 2 made us poorer, a lot of people died. Yeah, you might argue they weren't unemployed, but ten million people employed

in killing each other, that's not the best type of employment... Governments are made up of bureaucrats and special interest and they don't know what's right no matter how well intended they are."

**Watt:** "Military interventions in the Middle East have proved time and time again to be complete disasters. However, what do you say to those who believe that military intervention is needed to defeat groups like ISIS, who could in the near future perhaps obtain a nuclear weapon?"

**Paul:** "Well, I would still argue the fact that our policies have probably generated that problem more than anything else because we claim that Saddam Hussain had one but it was a lie. When I was in the military in the 60's, the Soviets had 34,000 nuclear weapons, we didn't have to have a nuclear war. So right now we spend a lot of time and energy worrying about a nuclear weapon that never existed and is not about to be created in Iran. And yet, people are still saying it's the most dangerous nation in the world.... No, I don't think ISIS would be where they are now... if we'd of just stayed out of there. I don't think we'd of had 9/11 if we stayed out of it. . . . Just think of how Switzerland has got along in the 20th century. World War 1 and World War 2 they just stayed out of it and they're right in the centre of Europe... There's no reason

why we can't work towards a program something like that."

**Watt:** "What's your opinion on the rise of socialism in the United States and could you ever envision US voters electing a socialist President?"

**Paul:** "It's a tricky question because there was a little street type interview done with young people and nobody could define socialism... They didn't have the vaguest idea what it was all about so ignorance can be used to get support. And I think once again what Sanders was doing, he was playing on the people that were unhappy just as Trump was. His solutions were different but he was saying... let's make everything for free. . . . We need to teach people and... convince them that if the goal is peace and prosperity and a life that if your own, then you don't have any other choice then to go with the libertarian message."

Although many of Paul's Libertarian proposals are perceived in 2017 as perhaps too idealistic and brutal, his views on foreign policy, government surveillance and civil liberties are, in my opinion, more important than they have ever been in regards to ensuring peace and prosperity.





# THE CURRENT STATE OF CAMPUS POLITICS, OR LACK THEREOF

A look at the future of UBCO's political awareness and activism

Jamie Lloyd-Smith – Contributor

When it comes to student protest and campus politics, university campuses have become heated and nuanced, to say the least. In many ways, universities have widely been regarded as somewhat of a crucible for social activism. We want a healthy dose of liberal values such as the diversity of language, religion and culture, but without being too neoliberal to support ideological diversity in thought; and as such, many of our tactics in our discourse have changed. We are eager to attack those on the right who defend free speech, and quick to snowflake the activists on the left. Yet, by doing so we only boil ourselves down to this naïve kind of identity politics that we so readily label as our opponents.

Sure, ideological positioning has some merit. We fear the insidious kind of racism that can creep up in freedom of speech, and disdain the political activism that can challenge the hegemonic way of thinking. We position ourselves on

the political spectrum to coherently understand our own values. At the same time, we too often let this positioning overbear our own critical analysis. We take a side on the political spectrum and assume those values with little grounding.

The truth is, last year campus politics, if we even want to call it that, fell short. The 2016/2017 school year did bring with it momentous changes in global politics: from the rise of Trump, the Brussels attacks, and Brexit, to name a few. Even in Canadian politics, we saw a change in Conservative party leadership and the NDP take a minority government here in BC after a close election. As such, there has been no shortage of debate in politics. Many of these changes have trivialized important social issues on university campuses including women's rights, cannabis laws and cultural appropriation – in short, things that ought to be talked about. However, in many ways, our discussions have become aggressive and

sensationalist, only in the attempt to beat down those who disagree.

None of this is to condemn radical politics or the university and college campuses that facilitate their discussion. However,

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the pursuit of mere argumentation misses many aspects of politics, such as the negotiation and bargaining processes that actually curate change. What should be prioritized on campus is

the need for the intelligent exchange of ideas with purposeful intent. By this I mean it is time to drop the weapons of barbaric derision and genuinely question our own intent and diligence to action. Opposing abortion laws or advocating for free speech, for example, becomes pretentious and bombast if it is driven merely for reactionary purposes. This isn't to say that we ought not to react, but rather to develop better habits of intentionally developing our rhetoric and action, and thoughtfully considering our responses.

The German writer Ludwig von Rochau coined the term “Realpolitik,” which simply translates to “real politics,” and refers to the need for concrete and tangible politics that are not just predicated on ideological pursuits. The argument is a stunningly simple one: politics ought to be realistic and practical. Instead of using free speech to dogmatically pursue our own interests, we should consider the diplomacy, advocacy, and

public policy changes that underpin our activism. To put it even simpler, try asking yourself what you practically plan on doing to further your cause, and then do it – and don't back down.

This year, we can do better. If you are passionate about a social issue, I urge you to research and inquire, and then with that, spark discussion and thought. But instead of stealthily awaiting your repressors with a pitchfork, maybe try writing a letter to your local government or engaging with some of your professors on what you can do better – and for goodness sake, will you get out and vote in the next election?

## TOWN HALL WITH TRUDEAU

How Did the Prime Minister Hold Up?

Tyrel Lamoureux – Opinions Editor

For those who are not aware, our very own Prime Minister, Justin Trudeau, was at our UBCO campus last Wednesday. He was speaking at a town hall event in our gym so that he could hear the problems that face our country directly from the people. It started with a warm welcome from Chief Clarence Louie. Trudeau then took questions from each section, ranging from tax reform to the initiative helping the missing and endangered aboriginal women to transportation. The Prime Minister has faced flak in the past about his overuse of the word “uh,” yet

his composure on Wednesday was immaculate. While he responded to each question with well spoken and clearly articulated words, the content was mainly what was focused on.

When it came to emotional questions, the Prime Minister handled each situation accordingly. When one heckler from the crowd shouted out that he was a liar, he simply acknowledged him and agreed that he was in fact wrong. When certain questions were going longer than necessary, specifically his last question from a man who had reportedly been

mistreated by the Canadian Revenue Agency, Trudeau let him finish, gave condolences where appropriate and offered to look into the specifics. Whether that was true or not the gentleman promptly left, but it remains that the Prime Minister was respectful in response to the aggressive tone. The most impressive response was how he dealt with a young trans individual who thanked Trudeau for passing Bill C-16. Trudeau simply responded, after a standing ovation, by stating that he didn't even have to congratulate their courage, because the crowd did it for

him, and that it simply made sense because that's what Canadians do.

On the other hand, the least impressive response was regarding tax reform and the burden that we as students would be facing. Prime Minister Trudeau took this time to mention what good his administration has done by ensuring that students would not have to start paying back tuition until they make \$25,000 a year. This may seem like a great help, but realistically, it's not much. Essentially it equals out to making \$13.30 (before taxes) which means that if I

want to afford to live on my own, then I also have to pay back my student loans. This is not a bad thing, I borrowed the money so it makes sense that I have to pay it back, but the additional \$5,000 is not an achievement that is worth the praise that the Prime Minister gave it.

I think I can speak for most when I say that we appreciate the once in a lifetime opportunity that was, but I think we should all still hold our politicians accountable for what they say.



# ANOTHER YEAR, ANOTHER FROSH

IT's Lit! Or was it?

Noelle Viger – Staff Writer

Just like that, Frosh is over. It will be another full year until the hordes of first-years come running to the first big college party of the year. For one weekend, UBC Okanagan's F-lot was transformed into an outdoor concert space. This is a change from the traditional venue of the Commons field, as the field is currently under construction. This fact did not seem to deter many from buying a ticket, and with the popularity of the White T-Shirt party in mind, this Frosh was bound to be an interesting one.

Interesting it was, as the night started out slow, with the majority of party-goers not entering the event until roughly 7:30p.m. However, the night ended quickly for some. A few crying attendees were led out by their friends as early as 8:00p.m. Conversely, there did seem to be a generally positive atmosphere, as many groups shouted out in happiness as they found their friends, and some also invited solo students to join their group, so those in attendance alone did not have to remain that way.

David Bond, a UBCO student in his third year, has been to all of the Frosh events since his first year at the University. He said that "[Frosh] is definitely more fun as an upper year, [since he] was used to the environment and comfortable," although he claimed that "last year's [Frosh] was better." This could be due to the change from the Commons grassy field to the hard concrete of F-lot, as he stated that he liked the grass better and did mind the cement as one of [Bond's] friends hit her head hard on the ground. The space also changed the overall feel of the event as Bond "found it smaller but more packed," than it had been in years prior. All in all, Bond said he had a good time at his third FROSH.

Tamara Raine, a fourth year student at UBCO, spent her whole night volunteering with the Women's Resource Centre. She has volunteered at multiple Frosh events, and noticed quite a few things this year. She said that the event was "kind of a disaster of miscommunication," since it was held in a parking lot and there was a restriction of "the amount of volunteers that could be inside." Raine found it hard to say if it was a busier Frosh than previous years, due to the smaller space. She found there to be "significantly less Safe Walk and emergency first responders inside," and that she had to "[scramble] to find people to walk [concert-goers] home." Also, Raine added that "a lot of students" that attended Frosh aren't living on residence, "so there was nothing [Raine] could do but hope their friends" would come to get them. However, Raine did add that she found "this Frosh to be less of a nightmare than last year." She said that she thinks "students are starting to look after themselves a bit better," and that many attendees told her that they would walk their friend's home.

While attending an event such as Frosh can be intense, Raine also understands why so many people love it, and really don't think it's "that bad." Raine explains this as other students don't necessarily see "the darker side of [FROSH]." She sees "the students puking on their clothes," the students "who are being sexually assaulted," and others even "being trampled." Due to the potentially scary nature of an event like Frosh, she

is glad that she can get the "[Women's Resource Centre] to do a safe space both inside and outside the venue," which allows students the opportunity "to have a spot to get away from all the madness, even if it's just for a little while."

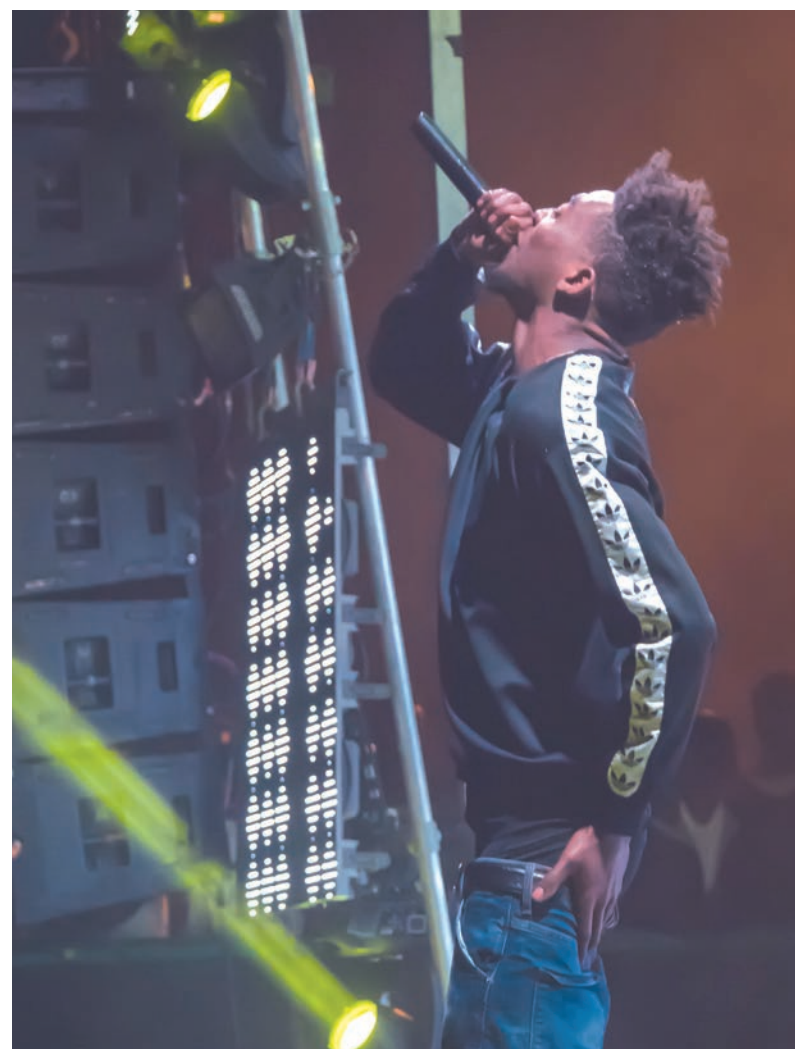
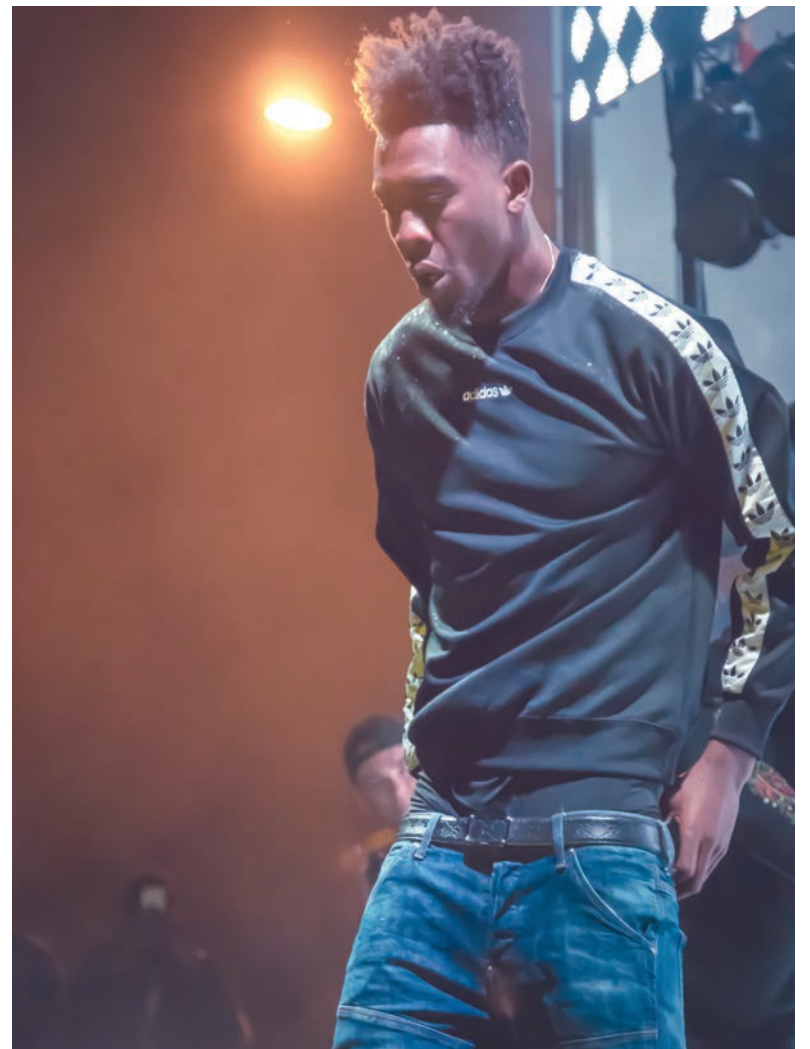
Third Year Noah Marshall spent his night volunteering with the UBC Okanagan Emergency First Response Team. This was his first year volunteering at Frosh. Marshall said that the team "saw a few more scrapes, but personally it was pretty good" in his own experience dealing with the minor injuries. He found that his biggest challenge was "bringing people who needed [help] up to the first aid tent on the field." Although he adds that it "wasn't even a huge deal," due to the fact that both "frosh goers [and] volunteers" did a "great job taking care of people who needed it," sometimes even before the First Response Team got there. Marshall spoke positively of both the students and the volunteers, as he noticed that most concert-goers seemed to be willing to help.

Jacob Vriens, a student in his second year at UBCO, admits that his opinion on FROSH is torn. He says that he enjoys the fact that "the [Student Union] manages to get somewhat famous artists to UBCO," but admits that whether or not a show is a good one is up to "one's own interpretation of what [good] is." On the other hand, he does feel that "money should only be used for events of this size if the [Student Union] makes money," as he is concerned that holding such large and expensive events could cause a deficit.

In comparing this Frosh to the last year's, Vriens states that "the quality of music was better [last] year," when Ty Dolla \$ign and 3lau were the headliners. However, Vriens says that in talking to his friends, the consensus is that "Designer, as well as Vanic, definitely did a good job hyping up the crowd, [because F-lot was] not a great location for this event." Vriens points out that the triangle arrangement of the venue combined with the slight downwards slope of [F-lot] towards the stage ended up making the space directly in front of the stage "really tight" which annoyed many in attendance and, in some instances, even got violent.

While there were some issues with the smaller space, Vriens stated that he "personally had a lot of fun at the event," as he "tried to stay a bit further back, where there was more space to move." Generally, he found that the "atmosphere was fun and it felt like a safe environment." Vriens was able to speak to a few volunteers and noticed that they "looked stressed out," and admitted that two of the volunteers said that this venue was "harder to work" than those in the past.

While the venue may have changed, the spirit of FROSH remains the same. There will be positive and negative aspects of any large event like Frosh, and our campus is lucky to have so many volunteers who use their time to help make sure that people are safe and have a good time at this event. All in all, this year's Frosh seemed to follow in the footsteps of its predecessors to be a hit for students in attendance.



Riley Petillion/ The Phoenix News





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