

# The Phoenix





## News

# UBC'S FREEDOM OF EXPRESSION

The first draft of UBC's freedom of expression is available online for viewing, conversation, and debate

Noelle Viger – Staff Writer

On Wednesday, November 7, UBC sent out a broadcast email to all its students from University President and Vice-Chancellor, Dr Santa J. Ono. This email was a follow up to his September 5 email regarding a discussion around the freedom of expression. According to Ono, the purpose of drafting a document surrounding this topic is to discuss “how freedom of expression should be understood and contextualized in the modern university community.” As the first draft has been published online, Ono invites all to express their thoughts and views on to the statement. This will be open to comments until November 30.

So far, the draft has been worked on by ten staff and faculty members, with input on an early draft from elected student representatives from the senate and AMS. The draft addresses a variety of topics relating to the freedom of expression. Firstly, this document acknowledges that “as one of the world’s foremost universities, UBC

must vigorously promote and defend the freedoms necessary for the successful pursuit and dissemination of knowledge.” However, it is clear that freedom of expression is “one of a number of rights and freedoms” that each person has. The document clearly states that “one person’s freedom of expression cannot be allowed to trample the freedom or wellbeing of others.”

This document states that there are two principal reasons that underlie the University’s commitment to the freedom of expression. These principles are, “pursuing ideas freely and openly,” which lets all to move “closer to truth,” as it allows for “all ideas to be criticized and tested, accepted and revised.” The second principle is the “scholarly community” present at UBC, as it “is composed of people with diverse histories and cultural viewpoints while also encompassing a wide array of disciplinary perspectives.”

The draft then goes on to identify a prominent example

as to why the freedom of expression matters so much at an institution like UBC. It states that “a core challenge in Canada, and one to which UBC is committed to addressing, is the ongoing process of truth and

**“IT IS IN SCHOLARLY DISCOURSE AND DIALOGUE THAT THESE PROBLEMS CAN BE ENGAGED WITH.”**

reconciliation with Indigenous peoples.” The draft further states that “our collective lack of a shared knowledge about the lasting effects of our colonial

past acts as an impediment to the essential conversations and negotiations that progress on these multiple issues requires.” However, it is in scholarly discourse and dialogue that these problems can be engaged with. The draft does acknowledge that in discussion and engaging with ideas such as these “it is inevitable,” and even can be “appropriate to feel intellectually uncomfortable, even offended.”

Nevertheless, while this scholarly discourse acknowledges the prospect for feeling uncomfortable and offended within addressing and engaging with topics such as these, the draft clearly draws the line at statements that incite “hatred against identifiable groups, statements judged likely to incite breaches of the peace, and statements of a personal, ad hominem nature” as these statements “are foreign to the intellectual exchanges that strong universities must support and protect.” Additionally, the draft states that “deliberate attempts

to create a toxic environment must remain anathema to the practices of the university community.” The “freedom of expression rests on the potential of making positive, constructive contributions to the university community.” Clarifying further, the statement states that “speech or artistic expression that harms the proper working conditions of the academic community, by, for example, using hate to dehumanize certain groups, is speech and expression that cannot be protected or condoned.”

The draft closes with the statement that it is up to all of us to support and safeguard the central idea of freedom of expression. If you have any comments you would like to make, or if you would like to enter into a conversation about this statement, the full draft is available at <https://academic.ubc.ca/freedom-of-expression-statement>.

This is our last printed issue, you can now find us online at **thephoenixnews.com** and all our social media channels @ubcophoenix!



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*The Phoenix* is the UBCO students' free press. Editorial content is separate from the University of British Columbia Student's Union Okanagan (UBCSUO) and from the UBC institution at large.

The editorial staff encourages everyone to submit material to *The Phoenix* but reserves the right to withdraw submissions from publication for any reason. “Any reason” could be material deemed to be sexist, racist, homophobic, or of poor taste or quality. *The Phoenix* will not publish materials which condone, promote, or express actions which are illegal under current laws. This does not include articles which provide an in-depth examination of both sides of a controversial subject (e.g. legalizing marijuana).

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# UNIVERSITY “MAIN STREET” PLAZA

Making the UBCO Campus More Student and Community Friendly

Dayne Patterson – News Editor

There are few things as frustrating for drivers as the cross-walk between the Fipke building and the University Centre, especially during rush hour on campus. However, in the future the campus won't have that problem - in fact, they won't have that road at all.

One of the many improvements planned for development on campus as part of the UBC Okanagan Campus Plan (2015) is a pedestrian-friendly Plaza between the Fipke Building and the University Centre, “envisioned as a vibrant pedestrian and bicycle-only public space with opportunities for connecting, gathering, and studying,” says David Waldron, the Director of Campus Planning & Development.

The proposed design for the Plaza was “shared with the campus community at an open house in January 2017,” says Waldron. He continued by stating, “the University’s design consultants are currently in the process of completing the detailed design and Class B project costing for the

westerly portion of the project area.”

The two-block section on University Way will span from Alumni Avenue to International Mews and is planned to begin

and-bicycle-only public realm that provides a venue for student gatherings, informal interaction, festivals and celebration” and is planned to “retain its current generous width to support the

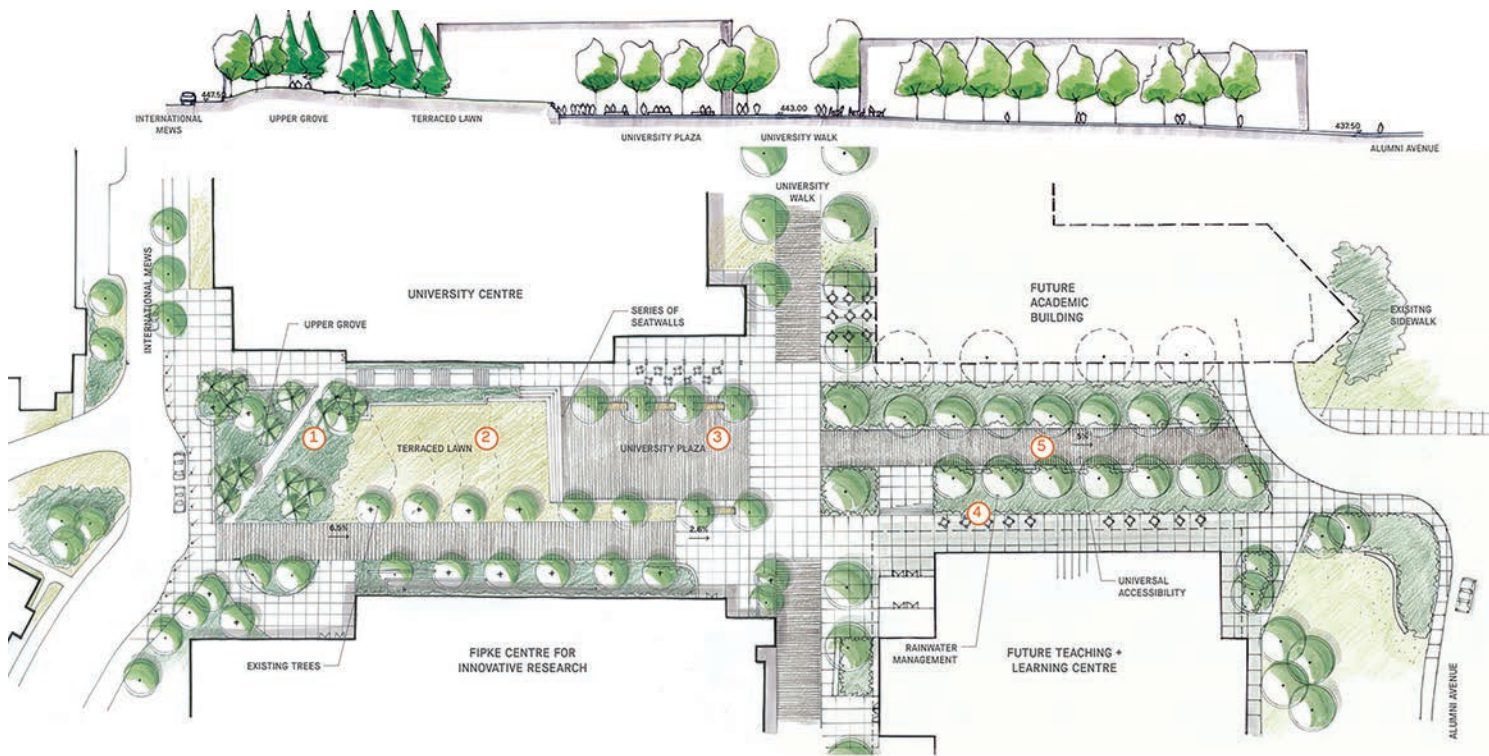
Way pedestrianization provides opportunities for lingering and gathering towards the north side of the street, where there is the best opportunity for sun and light exposure notably during

Vehicles will still retain access to the west side of campus and to areas like the gym, student residences and C and G parking lots via the Upper Campus connector near G-lot. The east side of the campus will be accessible via Innovation Drive, Alumni Avenue and the remainder of University Way. Essentially, traffic will operate around the perimeter of the University, creating a more pedestrian-friendly campus in the centre of UBC Okanagan.

During construction University Way will be closed off to vehicular traffic, and then sections will be closed to pedestrians as improvements are implemented. The construction will

also work in coordination with buildings already in construction, including the Teaching and Learning Centre.

Photo courtesy of UBC



construction during summer 2018, following the completion of the John Hindle Drive project as well as the new connector road that allows access to the west side of campus.

The Plaza is defined by the Master Plan as a “pedestrian-

creation of a large pedestrian area flanked on both sides by terraced plazas and recreation spaces along the slope.”

The Plaza will also be operable during the winter months; as Waldron explained, “The proposed design for University

the non-summer months when the campus is busiest.” There are also plans for snow removal throughout the winter months.

The Plaza will afford Kelowna and campus community opportunities for venue bookings of approximately 1,500 people.

## ENACTUS' PROJECT ROOTS GROWING AND EXPANDING

UBC Okanagan Enactus team digs deeper into student needs

Dayne Patterson – News Editor

The UBC Okanagan Enactus team introduced their Roots project to students near the beginning of the school year, officially launching on September 13. Project Roots, which allows students to order boxes of fruit and produce ranging from an average of 10-15 pounds per box, was in response to the Voice4 survey which labelled food security as an unmet need for students. Since then, Enactus team members have been set-up every Tuesday between 2-5pm in the UNC handing out the pre-ordered fruits and vegetables to students across campus.

Since its launch in September, Roots has sold a total of 1000 pounds of fruit and vegetables to students on campus, a trend which they hope to see grow and improve as their project gains traction.

Erkki Annala, the president and co-founder of the Enactus UBC Okanagan team said that Roots is expanding and changing. “What we did was we listened to feedback,” said Annala, “what did you like about it? What could we do better?”

In response to requests from students, Enactus has introduced a new type of U-box available

for order: a fruit-only box. For students with a distaste for green, students are afforded the opportunity to purchase boxes featuring various kinds of fruits. The option will exist through the winter and is made readily available due to Farmbound, which imports food from areas in the United States and Mexico.

Enactus has also implemented a raffle into their sales. With every purchase of a box of produce, the recipient has been entered for a chance to win one of five-month-long gym passes to Global Fitness and Racket Center in Kelowna. The winner

will be announced on December 5.

The Enactus team is also looking into expanding outside of campus. “Ultimately, with what we’re doing we don’t want to limit it so only students get this. It’s good food why let it go to waste. We really want to allow equal opportunity access for everyone that expresses the need for something like that,” said Annala.

Additionally, Enactus is planning to solidify a relationship with Easy Eats, a new food delivery organization that has sparked on campus. In

the future, students will have the opportunity to have their food supplied by Roots and delivered by Easy Eats.

The opportunity to order a Roots box extends until the end of finals on December 19, and will resume on campus for January 9.



# TIME FOR PROFESSOR EVALUATION

It's time for the once a semester evaluation of your professors.

Noelle Viger – Staff Writer

On Friday, November 17, all undergraduate students on the UBC Okanagan campus received the same email from Lynne McPherson: the reminder that once again, it is time to fill out teaching evaluations. While these evaluations are not a requirement for students to fill out, they are highly encouraged, and students will receive continual email reminders to fill the forms until they either submit all of their evaluations, or until portal closes on Sunday, December 3, at 11:59pm.

These instructor evaluations are available on the website “mycourseval,” and there is a link to get to this website in the email. While students are required to use their campus

wide login identification to gain access to their evaluations, these evaluations are completely confidential. In the FAQ’s about the instructor survey, it is made clear that confidentiality is key. According to the Senate Policy on Student Evaluation of Teaching, “evaluations of teaching shall ensure students’ confidentiality, e.g., the students will not be required to provide their name and/or student number.” The reason that students are required to use their CWL is to control access to the evaluations. The CWL requirement is to ensure that a student is evaluating courses that they are enrolled in, and “therefore eligible to participate.” The anonymity of the student is ensured once the

evaluation is submitted. After submission, “the individual responses to individual questions are associated with an internal ID that is generated by the CoursEval® system.” The mechanism that separates student’s CWL from their teacher evaluation is the intellectual property of Academic Management Systems, which means that UBC is unable to view who submitted which response.

Nevertheless, if needed, the Academic Management System could reconnect individual responses with the CWL. However, this is only done in cases when “a threat of personal bodily harm or similar serious situation that involves legal

authorities/law enforcement.” In serious cases such as these, the decision to identify the person would be made by a “senior administrator and/or the Office of the University Counsel,” and “under the Freedom of Information and Protection of Privacy Act, the University cooperates with authorities in these matters.”

While the 23-question survey about instructors may be considered long by some, and tedious by others, the information gained evaluation is important. Particularly the required short answer questions at the end. According to Senate Student Evaluation of Teaching Policy, UBC uses the information from these evaluations in

order to “improve the learning environment of the University.” Not only does UBC attempt to improve student learning through this survey, “the University will use this data for operational purposes, including but not limited to assessment of faculty for promotion, tenure and institutional recognition.”

Instructors do not receive evaluations as soon as they are filled out. Faculty member access to their evaluations is controlled by an administrator, and the results are not released right away. UBC holds survey results until after final grades are submitted. This is normally three weeks after the last day of exams.

# LOBBY DAYS WITH MLAS

Dayne Patterson – News Editor

The Alliance of British Columbia Sstudents held their annual Lobby Days event this past month. The event spanned three days,: from October 16-18. In attendance were MLAs from across British Columbia, representing three major political parties from British Columbia: Liberal, NDP, and Green Party

The Students’ Union Vice-President External, Amal Alhuwayshil, was present among other students from colleges and universities around B.C. to discuss five topics imperative to improving campus and student life.

The topics, or asks, were decided on beforehand between the university student members as well as ABCS representatives.

This year, the ABCS and the students involved, requested that the MLAs look into improving student mental health, eliminating student loan interest, increasing the amount of provincial graduate student grants and scholarships, free education for low to middle-income students, and better housing and tenant rights on campuses.

### Mental Health

It is reported that one in five Canadians will experience some form of mental illness at some point in their lifetime, those aged 18-25 being the most

vulnerable. The students asked that there be more funding put towards counselling centres on campus, claiming that health and counselling centres on campuses are understaffed.

Currently, institutions fund their own mental health services. The money received from the provincial government would “ensure that counselling centres are able to deal with demand,” states the ABCS.

Alhuwayshil says although she supports the movement for more funding towards mental health, “it does not apply to my school at all.” She continued by saying, “our campus is doing so well when it comes to well-being. Other universities are copying what we are doing when it comes to well-being and counselling, and mental health and wellness.”

The ABCS asked that the “government allocate \$40 million in targeted funding to post-secondary institutions for front-line mental health services on campus.”

### Eliminating Student Loan Interest

Recently, the provincial government reduced the student loan interest rate to the Canadian prime rate of 3.2% which is 2.5% lower than the previous provincial interest on floating rate student loans and 5% less than the fixed rates.

The ABCS requested the

government work to cut the interest rate to zero, and completely eliminate all student loan interest.

When asked about this, Alhuwayshil stated, “You’re making the students who [can’t afford to attend school] end up paying more.” She pressed the MLAs about introducing more grants in opposition to loans.

### Increasing Quantity of Graduate Student Grants

“YOU'RE MAKING THE STUDENTS WHO [CAN'T AFFORD TO ATTEND SCHOOL] END UP PAYING MORE.” — AMAL ALHUWAYSHIL

British Columbia as a province has very few grants directed toward graduates, the ABCS argued that without adequate funding students would choose to continue their schooling elsewhere and thereby lower graduate application rates in British Columbia University institutions.

The ABCS recommended that the “government implement a graduate scholarship program that is competitive with other provinces at a cost of \$15 million.”

### Free Education to Low- and Middle Middle-Income Students

The ABCS stated that, “British Columbia remains the sole province without a needs-based grants program.” They also argued that “there is a clear link between increasing debt levels and lower program completion rates.”

Alhuwayshil stated that while lobbying the MLAs from several political parties many of them would ask for statistics on how income affected applicant rates, to which she replied, “we can’t give [them] numbers, because those who did not [apply] to school because of financial barriers, they’re not data to us, because they never came into [the] system.”

The ABCS requested that the “government introduce a comprehensive needs-based grants system for students in British Columbia that matches the Canada Student Grants program for low- and middle middle-income students at a cost of \$97 million.”

### On-Campus Housing and Tenant Rights

A growing problem on University campuses is the quantity number of students who are placed on waiting lists after applying to University Residence.

Additionally, students living in University residences within British Columbia are not afforded the same rights as residents living off-campus grounds, as stated by The Residential Tenancy Act. The act states that it does not apply to “living accommodation owned or operated by an educational institution and provided by that institution to its students or employees.”

The ABCS requested that the “government enable post-secondary institutions to take on debt for purposes of student housing and encourage the start of housing development through an \$18 million annual fund for post-secondary institutions to access; that the government mandate that all post-secondary institutions develop housing strategies for their students; [and] that the government ensure that students are afforded the same tenancy rights as any other tenant in British Columbia.”

Alhuwayshil will also be attending a conference in Ottawa for the same purpose, but this time will instead be lobbying the federal government with the Canadian Federation of Students.

Lifestyles

ALBUM REVIEW: PAINTED FRUIT’S PF II

PF II adds to Painted Fruit’s already stunning repertoire

Daniel Greene – Lifestyles Editor

Over a year and a half ago I heard that Painted Fruit—the Victoria band with Vernon roots who have just recently moved to Montreal—had a new album in the works. Still riding the high Fruit Salad spun through my soul in May of 2015, I awaited the fresh release with ardour. It took until Halloween of this year for the band to drop PF II. It has been worth the wait. Some of the lilting, crooning vocals that featured so prominently on Fruit Salad have been supplanted with punchy, (even sassy) chants that punctuate otherwise spacey and ethereal instrumentation. But I don’t want to give the impression that vocal melodies have been discarded altogether. Many songs, such as “Deny,” have Beach Boys-esque bridges, with airy and thoughtful vocal refrains that add much-appreciated dynamism. Speaking of instrumentation, this album is riddled with onion-paper-thin layers of horns, guitar harmonies, vocal harmonies, and unfathomably tasteful bass-lines. This is an album you must listen to with headphones to appreciate the months of mixing dedicated to the work. Then there’s an element to PF II that can only be described as Painted Fruit-y. “Make Up Your Mind” exemplifies this element perfectly. The way the rhythm section halts to let the harmonizing guitars finish the bar. The way the drums accent the guitar riffs with linear beats and spontaneous crashes. The piercingly bright guitars climb, descend, and evaporate with the strum of jazz chords. This album is at once spontaneous and lullingly comforting. Sharp, arcane expressions of overlapping and seemingly incompatible scales will suddenly fall away to make room for soothing harmonies and aurally pleasing chord changes. It’s at times frantic, sometimes droning, sometimes the vocals are crisp and dry, and at other times they swirl and nearly disappear in a fog of reverberation. Sometimes the guitars are deep and sinister, buried behind sprinting bass lines. Sometimes the guitars slice the ear with the acidity of a grapefruit. Listen to this album lying on your bed staring at the ceiling. Listen to it in an empty parking lot at 2:00 a.m. with the windows rolled up. Listen to it in the shower. Play it to your fish (but not too loudly). Find PF II for purchase on Bandcamp, and consider listening to Fruit Salad if you haven’t already.

RIDING THE TIDE OF THE KOREAN WAVE

An interview with the Korean Student Association

Wey Lynn Liong – Contributor

Korean culture has been creeping its way into global popularity during the last decade. With so many restaurants being opened and several makeup brands making appearances in retail stores, there is no doubt that people have been enjoying this new wave of culture. UBC Okanagan doesn’t fall short in spreading the Korean culture, especially with the recent re-establishment of the Korean Student Association, better known as KSA. Students on campus can experience the culture through a variety of foods and events!

“Our club’s goal is mainly focused on spreading the Korean culture throughout the Okanagan campus,” the president of the Korean Student Association, Sanji Jeong, remarked. He also added that the newly re-established club is trying to network with the university alumni to give more benefits to the current members of the KSA. Established in 2016, Sanji wanted not only the Koreans, but other students to be a part of this circle as well.

“We were at Starbucks in FIPKE and we [decided] why not start again the Korean Student Association that our seniors left behind, but this time being united as an international club, with not just Koreans but other foreigners,” said Sanji, explaining that the past KSA was not entirely successful as it was only based on Koreans, which at that time were much fewer compared to now. Therefore, if questions regarding the necessity of being a Korean is essential to becoming a member, Alina Lee, vice-president of the Korean Student Association ensured that “the answer is no, always. Because this is not a club only for Koreans, this is for everyone so we welcome everyone and I want everyone to know about Korean culture or K-pop, even like Korean foods.”

They have been staying true to their goals as they’ve had a number of successful events, K-pop Night being their most recently held annual event. It was held in the Well at UBCO’s UNC building. When asked to rate the success of the event, both the president and vice-president gave the event unanimous 7 or 8 out of 10, acknowledging the success and setbacks during the process of planning this event.

“There was some limitation, it was at the Well, so only students over nineteen could go in. There was a lot of under-aged people who wanted to come as well,” Alina stated, explaining the reasoning behind her success rating of the K-pop Night event. Other than having events that spread the culture of Korean pop music, they also have events that tingle the taste buds.

“Food sales,” Alina answered when asked about events students should keep an eye on, “This is not a huge event... that we’ve planned for a few weeks, but it’s a really great opportunity to introduce our foods. We usually do triangle kimbap, which is seaweed rice rolls but in triangle shape. We had flavours like bulgogi or tuna or kimchi or vegetables. It was always sold out and everyone liked it.” This happens throughout the semester, so be sure to keep an eye out for them!

On the nights of November 10 and 11, Ballet Kelowna dazzled the Community Theatre with the world premiere of Simone Orlando’s Acts of Remembrance. By blending world-class ballet with authentic photographs from the war, Orlando crafted a poignant and surreal experience. The choreography strived to capture all aspects of the war, including the soldiers’ basic training, the digging of the trenches, combat, and even the pain and loss felt on the home front. Throughout most of the act, the dancers made minimal use of props, however, one especially memorable part of the show involved the creative and skillful use of a stretcher.

Thanks to an increase in funding, Ballet Kelowna was able to add three more dancers this year, bringing the total number to nine. Among these was Kelowna’s own Desiree Bortolussi, a graduate of The Canadian School of Ballet. Bortolussi took centre stage in all three of the acts, and consistently offered spectacularly strong and skillful performances, which is no surprise seeing as this is her sixth season performing with Ballet Kelowna. The two acts preceding Acts of Remembrance were L’Étiquette, choreographed by Joe Laughlin, and 1723 - Vivaldi by Wen Wei Wang. While L’Étiquette has been around since 1996, 1723 - Vivaldi and Acts of Remembrance both saw their world premiere on November 10 in Kelowna. L’Étiquette made stunning use of costumes and props in creating scenes of baroque aristocracy, with gaudy, superfluous dress and austere scenes of drinking and feasting. 1723 - Vivaldi, on the other hand, was markedly minimalist—in dress that is. There was nothing minimalist about Wen Wei Wang’s energetic fusion of classical ballet and hip-hop choreography. The piece served as a refreshing interlude between the opening and final acts which were dominated by elegantly classical ballet.

Even if you do not like ballet, or think you do not like it, you should see this show. Ballet Kelowna is only celebrating their fifteenth anniversary and already they are producing phenomenal works of art. The next opportunity you get to see one of their performances, take it—you will not be disappointed.

BALLET KELOWNA

An emotional and deeply Canadian ballet experience

Daniel Greene – Lifestyles Editor



# EXCITEMENT FOR MOVEMBER THINNER THAN USUAL

Is the shaggy men’s health movement losing popularity?

Daniel Greene – Lifestyles Editor

The month of November marks a noticeable shift in students’ attitudes and responsibilities. By this point, that consistent, disciplined reading schedule you worked so hard to build in September has probably crumbled away to make room for exam preparation and essay writing. You have probably started doing some calculations to figure out what mark you need on that one final to pass. Yet, strewn about this mad tangle of due dates and anxious ruminations is a shaggy tradition based on facial hair.

The Movember Foundation claims to address some of the most pressing issues facing men’s health, specifically prostate cancer, testicular cancer, mental health, and suicide prevention. According to the foundation, the Movember movement began in 2003 when “two mates,” Travis Garone and Luke Slattery, met up for drinks in Melbourne, Australia. They noticed the waning popularity of the moustache and challenged themselves with the task of bringing it back in the name of men’s health. Since 2003, the movement has spread to countries in Asia, Europe, North America, and Africa, and has raised over 759 million dollars.

But it seems the movement has begun to lose momentum in recent years. One can still spot a fair number of hairy upper lips on campus, but the buzz around the event seems to have fizzled out. In an interview published on the first of this

month in The Telegraph, CEO of the Movember Foundation, Owen Sharp, stated that “Movember has been a victim of its own success,” suggesting that the

purely for style’s sake.

Another reason for Movember’s decline might have to do with the sheer number of month-long observances during

Pancreatic Cancer Awareness Month, and Transgender Awareness Month. According to Wikipedia, November also marks Wikipedia Asian Month. Then add to this list Remembrance Day and the especially poignant fact that this November 10 marked the hundred-year anniversary of one of the most horrifically bloody battles of the First World War—the Battle of Passchendaele.

At first, it may seem there are too many causes to observe at once, that the best thing to do is to throw your hands in the air and shave. After all, how can you do justice to one cause when there are so many others out there? However, a question such as this suggests a willingness to accept that participating in movements such as Movember is a zero-sum game. Just because you value men’s health does not mean you cannot spread knowledge and value the visibility of transgender communities. Just because you wear a poppy throughout November does not mean you cannot also donate to charities that focus on lung cancer or pancreatic cancer. Wear a poppy, grow a moustache, learn how you can help stop transphobic violence in your community, and learn how to square dance. Square Dancing Day—November 29th—is fast approaching.



act of growing facial hair has become so commonplace that it becomes hard to distinguish between the moustaches grown for Movember and those grown

November. Just a few that Movember has to compete with include Academic Writing Month, Lung Cancer Awareness Month, Stomach Cancer Awareness Month,

Image by Seger Nelson/ The Phoenix News

# RESTAURANT REVIEW: DAWETT

Daniel Greene – Lifestyles Editor

I entered Dawett, the Indian restaurant on 1435 Ellis Street here in Kelowna, around 4:00 last Thursday afternoon. Besides some friends of the owners’, and one guy I assumed was the delivery driver, I was the only customer in the restaurant. The server peered at me from behind the bar with what I perceived to be a mixture of surprise and pity. Nonetheless, she seated me at a booth and I took a moment to look through the menu (even though I knew I wanted butter chicken).

The atmosphere was inviting. One thing I noticed immediately was how clean everything was. Every surface appeared wiped and polished and the tables were spotless. The lighting accentuated the lurid artwork hung around the dining room, with colours ranging from purple to phosphorescent green. My booth was also

extremely comfortable.

Soon the server returned to take my order, and within a few minutes, my butter chicken arrived, along with rice and naan. The portions here are not especially generous, but the lack of quantity is made up for in quality.

The sauce was thick, rich, and fresh. What made this sauce unique from many butter chicken sauces I have tried before was a slightly smoky flavour. Whether this was due to the chef toasting the spices before grinding them or something else altogether, I’m not sure, but I appreciated it regardless. Similarly, the chunks of chicken in the sauce seemed to have received some sort of charring before being simmered. The naan bread was also fresh, and its thin and crispy crust suggested it had been baked at very high heat, perhaps in a tandoor. The

rice was fairly standard, save for the addition of whole cumin seeds.

On the whole, Dawett is a great choice for Indian food if you find yourself in downtown Kelowna. The only fault I can find is in the slightly over-cooked chicken and the air of impatience I received from the server. (But to be fair, who eats dinner at 4:00 p.m.?) Is it the best Indian food in Kelowna? Maybe not. Could you find worse? Definitely.



Photo by Seger Nelson/ The Phoenix News

# HOMESICK?

You're not alone...

Tayana Simpson – Contributor

It's a common sentiment that November is like the Thursday of the year; close enough to a break (and the holidays!) that you can see the end of the road, but far enough that you still have papers, midterms, lab reports and a hundred other things to complete before you can actually get to the end of the road. For some, November also brings stress because of the loss of sun, or the change in temperature; both can bring down even the best moods. For most, however, November brings about feelings of homesickness.

According to the student needs timeline, a handy graph outlining the specific feelings and experiences students have during each month of university,

November is a month that is often filled with homesickness. As students settle into their year at school, the excitement that distracted them is removed. No longer can they only focus on seeing friends, or starting cool new classes. Now, they have midterm/essay/report marks back, school no longer seems fun and exciting, and they just miss home. Many of us can relate to this; after the excitement of September, November seems dreary and boring, and home, often including holiday excitement, seems light years away.

For any homesick student, the important thing to remember is that you're not alone. Seeing as homesickness is included on the studentsl needs timeline, it's evidently

a common sentiment. Ask any other student, and chances are they miss home, at least a little bit. The other important thing to remember is that you can do something about it, and that something does not include binge-watching holiday movies and feeling sorry for yourself.

The best thing for homesickness is distraction. As mentioned above, in September and October, the excitement of being at university, or back at university, is a distraction. Focusing on new classes, new jobs, new or old friends, and the like keeps you from focusing on your mom, or sister, or even your pet. So, distract yourself! Join a new club, or find a cool new bar or coffee shop. Make plans with

friends. Work hard on your homework. Find a new book to read or a new TV show to watch. Plan a trip on an empty weekend. Challenge yourself to check out one new place in town every week, take up a new hobby, or volunteer. The possibilities are endless.

It can be difficult to break yourself out of the funk of November. The clouds, the snow, the cold, the anticipation for December and the missing home can be a bummer. It's important to remember that even when you're feeling down, there's always something you can do to feel better.

# MISHANDLING OF WILDLIFE

Wey Lynn Liong – Contributor

Wolves are essential to our environment, and the removal of them not only harms their own species and habitat but other animals in the wild as well. Wolf reduction programs are still being followed through, and in increasing numbers. A report by the BC government stated that the minimum death toll of wolves has increased to 402 kills under the appearance of the caribou conservation and livestock protection program, since the beginning of the program that began in 2014. As much as this is done for the sake of conserving an endangered species, it is the method of killing that has made the plan itself controversial.

According to the controversial Wolf Management Plan for Caribou, the wolf removal process has expanded and was being conducted in the South Selkirk and South Peace areas last year. Due to its wolf removal success at the Klinse Za maternity pen, aerial wolf removal was started at the Revelstoke maternity pen as well. It also claims that the continued successful implementation of wolf control is seen as an essential step by industrial sectors, although significant habitats have already been set aside to help recover caribou.

However, this does not justify the inhumane methods, such as the poisonous wolf-culling used to kill off the packs of wolves. As stated by Hannah Barron, the conservation director of Wolf Awareness Inc., “Millions of tax

dollars are funding this unethical experiment to kill wolves under the guise of conserving caribou all the while pretending that enough caribou habitat has been protected from resource extraction and recreation.”

While the intensive removal of wolves proved successful in terms of protecting endangered caribou populations, many independent scientists have been in opposition to wolf kill programs and said that predator culling can ultimately result in a decrease in the overall diversity of plant and animal species.

“The natural ability of wolves to repopulate when exploited does not excuse our butchery of them, and it does not release our responsibility to protect and preserve ecological functions, which are down-ratcheted with the removal of apex predators,” said Sadie Parr, the executive director of Wolf Awareness Inc., an organization in collaboration with wehowl.ca/poisonfree, a campaign recently launched to ban the use of three poisons against wildlife. The campaign is used to spread awareness about the inhumanity of the poison and the effects it could have towards not just wolves, but other animals as well.



Photo by Sarah James/ The Phoenix News Archives



## Arts

# SAN CRISTÓBAL BAILE INN

**Boogát brings the patron saint of travel and dancing together for his new album**

Curtis Woodcock – Arts Editor

Boogát is a vibrant Canadian- Mexican artist who lives in Montreal. He blends hip-hop with various Latin music styles such as Reggaeton and Cumbia. He has won the Juno and Félix Award for his “World Album of the Year” “Neo-Reconquista” in 2016. He started his career singing in French but after playing with Latin music group the Roberto Lopez Project he switched to Spanish. This created the opportunity to collaborate with Frikstailers, Uproot Andy, El Hijo De La Cumbia, Radio Radio, and many others. His latest album “San Cristóbal Baile Inn is a party for your ears. His music is bouncy and danceable it would be impossible to stand still while listening to it. Given my language barrier, the lyrics were a mystery but the emotion and rhythm that I felt were real. Check it out on his website, YouTube, Band camp, Apple Music, and undoubtedly many other streaming services. We were able to connect while he was in Mexico recently and talked briefly about the new album.

Are you in Montreal currently?

**Boogát:** No, I am in Mexico City we had a series of shows here. We just finished on Saturday. We are flying back tomorrow night, and I have a couple of shows around Montreal.

How long have you been in Mexico City?

**Boogát:** Since the other Sunday so I have been here about ten days. We have had a lot of live sessions and a couple of shows, so it was great!

Do you travel there often?

**Boogát:** Yeah, like two-three times a year. I have a lot of family around here so I try to come as often as I can. I love it here

I have only been to Mexico a few times but it is beautiful, and the people are super friendly.

**Boogát:** Yeah, it's mostly the people that make it really cool and then the weather and the food and the drinks, ah it's great! Yeah, it's amazing I am getting all excited to go again, 'laughs'!

In regards to your music, what kinds of things do you get your inspiration from?

**Boogát:** It's bizarre, it used to be all about what I think about subjects and what I read. It has been three years since I have been traveling a lot and now it's mostly subjects that I see, the more you travel, the more you feel human I think. The more you realize what the real dynamics of humanity are. That's what I go for kind of. Also, the humor, lately it's been a lot of trying to speak about really hard-core stuff but in a jokey way that keeps it light and not too dramatic. Everyone knows how bad things are and people know what's up in life, but you don't need to express it darkly. The message is there, and people know.

Did you record your most recent album in Mexico?

**Boogát:** Yeah, we composed and wrote everything in Mexico. I was starting the beats mostly the tuning and the chord progression. I would then pass it on

to Rafa Caivano and Lisandro Sona from Frikstailers, and then we would do like a ping pong process. All the tracks we would re-record, and some made it on the record from the first recording, and some were redone multiple times. It was cool everything just worked. Some parts could be hotter, and so we would make it hotter. Some vocal ideas were so far from the original plan, and it's interesting to see how it evolves when you re-work the melodies.

It's fascinating to see how it can evolve and change throughout the writing process.

**Boogát:** Yeah and the other cool thing also, it was all recorded in our home studios. When I would meet up with my musicians in Canada, we would record a lot in our hotel rooms. I was able to go to wherever any artist that I worked with was, and we would just record on the spot.

That's fascinating to know as I was listening to the album this morning. The production value was excellent, every song sounded great!

**Boogát:** That's the other thing there were a lot of recordings that weren't perfect at all. It's like trying to do something super HiFi with a LoFi reality behind it. We chose not to do a perfect record we wanted one with more of a soul.

Yeah, I enjoy how artists are starting to do that more and more. It's hard to capture the magic digitally when cranking all of the levels and overproducing it. It's hard to capture the real soul of the music and to capture the experience with everyone together. It's nice when artists go a different route and rather than trying to have everything perfectly capturing the essence of the performance.

**Boogát:** The more I grow up, the more I see how perfect records are super dull. You will maybe listen to it for like a month and then never again. All of the information, you have it already. So I prefer records that are not perfect.

I agree, they just have a different life to them. The “perfect records” become a product and they aren't a living thing anymore.

To prevent burnout, he likes to climb and bike in the mountains close to where he lives. He also loves to hang out with his kids and connect with friends and family. Touring and playing music is very important but just like everything it is a job, and he tries to make sure he spends time visiting with family and friends. Being on the road as often as he is, can create a homesickness that social media updates cannot fill. Music is a universal language and having lyrics that are in Spanish, may have started as a slight setback, but now it has become an advantage. We also discussed the beauty of Mexican culture and the importance of family and genuine connection and conversation. It was a pleasure getting a glimpse into the world of Boogát. His music is worth checking out and has familiar elements for fans of hip-hop and world music but with an enjoyable vibe to it.



Photo provided by Carlos Guerra



# THE KELOWNA ADVANTAGE

The Rural Alberta Advantage return to Kelowna on November 25 to take in its beauty and play amazing music to their fans

Curtis Woodcock – Arts Editor



Photo provided by Matt Barnes

Currently, on tour, The Rural Alberta Advantage are back on the Westcoast enjoying the milder weather, beautiful scenery, and wonderful people that they interact with on the road. Paul recently connected with me during their drive from Portland to Seattle to talk about the new album, the songwriting process, and how much they enjoy beautiful Kelowna.

How many times have you guys played in Kelowna?

**Paul:** I am the wrong guy to ask, but Nils mind is like a steel trap. This will be our third time playing Kelowna. He can remember every detail of every show we've ever played. It's gorgeous there, so we're excited to come back.

Wow, that's crazy!

**Paul:** Yeah it is crazy! The other day I was saying he is like an external hard drive that carries all of my memories which is really helpful.

Yeah that would be very helpful especially since you spend a lot of time together. I always like to ask where the inspiration for the songwriting comes from, can you tell me?

**Paul:** I think it changes every time. When we first started, Nils hadn't been in Toronto for too long and had all these homesick love songs about heartbreak and leaving home. Things change, and now the songs are about growing up and getting older and memories of the past. It's more reflective of where we're at in life.

Which makes sense that the music would evolve as you evolve as people. On that note has there ever been any songs that felt too personal to release? Has it ever been difficult to release a song because it left you guys feeling too vulnerable?

**Paul:** You know I don't think so. That's kind of what I was always shooting for. The more honest your record and performance, the more people can connect with it. If anything, it's the opposite, if anything this isn't far enough and were always pushing for it to get further in that direction.

That's wonderful! I always think it's great when you can tell artists are genuine with their songs, especially when you see them live you can usually tell if the feelings are being fabricated or if they have a legitimate place in their life.

**Paul:** Yeah that's so true! I was a

huge Weezer fan growing up and I remember reading an interview with Rivers where he was asked about the songs that were personal on the first couple records. He was asked if he feels the emotion of the song when he performs them. Obviously, the interviewer is hoping the answer would be yes, but he was like no I'm mostly just going through the motions. Maybe I felt something when I was writing it, but now it's just like performing the song. It was so devastating to read that cause when you watch this person, and as a fan, your connecting to the music and all you hope is that the musician you're watching is sharing this experience with you and to learn that they are so detached from that it was disappointing. I hope we are never that. I hope we're never so disconnected from the music were producing and from the experience of the person watching it.

In a different direction for a minute since you guys are currently on the road, has there been any close calls or scary situations on the road?

**Paul:** This time not so much. When you drive across the country often stuff is bound to happen like trucks almost running you off the road, or spinning out on the highway, but this time so far, I'm scared you're going to print

this and then there will be a story about us getting into an accident, but right now it feels like were ok. We've been pretty lucky.

Going back to the song writing, was the approach to writing the songs or recording the album different than previous albums?

**Paul:** It's funny cause I don't think we have ever had one approach on any of them. Every song comes together differently and it always ends up happening like that. Some of them come together really fast, and the demo sounds exactly like what makes it on the record. Some we go into the studio with a verse or chorus and work hard with our producer to come up with a song. We know we have something good but sometimes need help with the arrangement. There is even some music on the record that came from our open mic days 12 years ago.

I know there is no right way or formula to approach writing music but it's always interesting learning about how artists approach their songwriting.

**Paul:** Totally! It's something we think about a lot, but there is no magic formula for us. When I look at the songs that I am most proud of some of them came together

really fast and others we were banging our heads against the wall for years. The only common element for us would have to be when there is a moment where we feel satisfied with the song. There is no easy formula to get there but once you do that feeling is pretty reliable. We don't put anything on the record that doesn't have that feeling.

They have recorded all of their albums in Toronto working with a few different producers. They also have had some fantastic tour experiences. One such festival was a wine festival in Spain called 'Evento Sarmiento'. The whole weekend was a fantasy land experience for the band. There were terrific wine and food, and they performed on top of a hill in a beautiful vineyard. It felt almost like another planet. Even though it's hard to pick one song to showcase the diversity of a band, Paul said an excellent representation comes from 'White Lights' which is a unique track off the new album. It was a pleasure to connect with Paul while they were driving to Seattle and Kelowna looks forward to welcoming them on Saturday, November 25.



# EXPERIENCE LIVING THINGS

Living Things International Arts festival kicks off in January

Curtis Woodcock – Arts Editor

The Living Things International Arts festival is a wonderful opportunity to view international artists that you would never normally get the chance to see. It coincides with other International Arts festivals in Canada which makes it easier to book these incredible artists since they are already in Canada. Neil Cadger is the great mind behind the festival and his goal is to bring Kelowna’s art communities together for a spectacular display of art that takes risks. It is easy to get caught up in enjoying the art that you are most familiar with such as only going to concerts, only going to plays, only going to ballet, etc. This festival makes it easy to take a step out of your comfort zone and discover something truly amazing. 2018’s festival runs from January 5 until February 4 at many locations around town and on campus.

On a deeper more intimate level this festival is designed to bring attention to the phenomena of disassociate alienation in our culture as well as exploring

our relationship with objects. We as humans always have this ability to separate ourselves from objects and act like it is always us controlling and doing the action to the object but we forget how much power objects really have over us. The perfect example of all of this is our cell phones. It’s an object that has complete control over almost everyone.

These artistic events are a place where we can give life to lifeless objects, where we can experience, enjoy together and act as a unified body. We can remember that we belong to a community and not a virtual social sphere. Being able to be surprised as a singular-group-entity and forget that we are separate, acting as one, is such a beautiful moment. It is becoming a more and more rare experience to view true wonder with other beings and this festival makes that one of its goals. To try and give the opportunity to experience that magic of coming together in an increasingly isolated social climate. It surely

**“BEING ABLE TO BE SURPRISED AS A SINGULAR-GROUP-ENTITY AND FORGET THAT WE ARE SEPARATE, ACTING AS ONE, IS SUCH A BEAUTIFUL MOMENT. IT IS BECOMING A MORE AND MORE RARE EXPERIENCE TO VIEW TRUE WONDER WITH OTHER BEINGS AND THIS FESTIVAL MAKES THAT ONE OF ITS GOALS.”**

will have something for everyone and you can also be sure that you will probably find something you have never experienced before. The schedule is as follows:

Jan 5: Viral Objects- art opening at the Alternator Gallery

Jan 9, 16 & 23: Objects in Motion- three Tuesday animated fil evenings at the RCA

Jan 15—19: Red Phone by Boca del Lupo Interactive installation at UBCO

Jan 18, 19 & 20: AmCor by Amy Modahl and Corrine Thiessen performance art in the FINA gallery on campus.

Jan 19: how we became by Samuel Roy-Bois and Neil Cadger in the Research Studio for Places and Things at UBCO.

Jan 20 & 21: Piece for Person and Ghetto Blaster by Nicola Gunn at RCA

Jan 25: Grdina, Mitchell and Black jazz concert at the Black Box KCT  
Jan 26 & 27: Double bill- Multiple Organism by Mind of a Snail & James Gnam at the Black Box

Jan 29—Feb 01: Table Top Tales at Bumbershoot Theatre

Feb 1: With Inspired Word Café Spoken Word at Bumbershoot

Feb 2: Elles by Ballet Kelowna at the KCT

Feb 3 & 4: Tempus Extraordinarius by Theatre Fools and Feathers at the RCA

Come out and explore something new and remember what it’s like to explore things with others and not just alone.

# A WILDERNESS SAGA

Chris Czajkowski tells the story, through her dog Harry’s eyes, of life in the rugged B.C. wilderness

Curtis Woodcock – Arts Editor

Chris Czajkowski, a British author, gave a wonderful book presentation which covered her previous works as well as her new release “Harry.” It is a book written from a canine’s perspective. It covers Harry’s years living in Nuk Tessli as well as Ginty Creek. It includes Harry’s interactions with other dogs in Chris’s life, how she created an eco-tourism business, how she built cabins by hand, and how she created a living off the grid for her and her pack. Harry tells the stories from his own experiences as well as the knowledge passed down from other dogs in the pack that he has interacted with. The evening was filled with amazing stories and an introduction to all of the dogs that touched Chris’s life. She has been living in the British Columbia wilderness

for over thirty years now and has built at least five cabins. Some of them she has created by herself and some she had help but never by the use of heavy machinery. One cabin was constructed by herself and five other women with no heavy-duty equipment.

Before she left Britain in 1979, she knew that city life was not for her. Her family already made much of the things that they needed, and she considered herself a naturalist. The city’s stifled that creativity and so it was a decision that felt natural to Chris when she first came to Canada. Before arriving in Canada, she went on a trip to Australia and ended up doing a 4-day hike all by herself. It was so euphoric that it helped solidify the choice to live naturally in the wilderness. In 1980, she got her first

“wilderness dog”, and the rest is history. To be able to live off the grid legally Chris had to create a sort of eco-tourism business because the government wouldn’t just allow her to live in the wilderness without reason. She would do guided hikes and tours; people would stay with her and food would also be provided. She has since sold the business, and she is now living on her retirement plot putting the finishing touches on her retirement cabin.

Another aspect that the book and the presentation covered was her experience during the fires this summer near Williams Lake. The fire came within 4 kilometers of her place. Eventually, she would be evacuated and for much of the time would keep sneaking back to water her

garden as the Westside didn’t have barriers so she could get to where she lived. During the second evacuation call, she refused to leave her home and was trapped for seven weeks. Finally, the third and worst flare-up came, and the fire crews put sprinklers on her house and were hosing it down to try and protect it. The ground crew was amiable and would bring food and supplies in for her. It was quite amazing to hear how close the fires came but luckily everything and everyone ended up being safe. One of the first cabins that she built in another area during a previous year’s forest fire however, was burned down.

The presentation left the audience wanting more. Whoever had not read the book, or owned a copy,

immediately bought one for the author to sign, and those who already held a copy could not wait to start reading it. “Harry” A Wilderness Dog Saga is a fresh take on natural living and the joys and hardships that come with it. Her next project will be a travel memoir so keep your eyes peeled because it is sure to be an exciting and informative piece.



Sports

# ACES ON A FROZEN POND

A classic Canadian story worth remembering

Brendan Smith– Sports Contributor

The story of the 1948 Canadian men’s hockey team is one that is rarely talked about in the sports media. However, this team is regarded as one of the best Olympic teams in Canadian history. Yet, you will never see any jerseys of the players hanging in the rafters; the players who played on the 1948 men’s Olympic team were amateurs. They were players who traded in their planes for sticks and skates. This is the story of the 1948 Royal Canadian Air Force Flyers hockey team.

Held in St. Moritz, Switzerland, the 1948 Winter Olympics were the first to be held following the Second World War. Over 28 nations attended, including Canada. Yet what caused Canada to resort to using Air Force members was that the CAHA (Canadian Amateur Hockey Association) refused to send a team, due to politics regarding whether or not professionals should participate in the Games. This lead to members of the Royal Canadian Air Force volunteering to represent Canada in St. Moritz.

The team struggled early. This was not unexpected, considering the fact that the players had only played hockey growing up, as a hobby. They were the type of players that you would see out on the ponds playing a game of shinny with their friends; they played for the love of the game. In Canada, however, there comes an expectation whenever you’re wearing the maple leaf on your chest. So, when the Flyers lost an exhibition game to McGill

University, 7-0, they were promptly booed off the ice. Yes, two years removed from the conclusion of the Second World War, the soldiers who fought for our liberty were being heckled due to their poor performance on the ice. Such is the life of playing for Team Canada. Fortunately, the Flyers would have the last laugh.

In a quick aside, notice some of the parallels between the treatment of veterans back then and today. Just like those raucous fans, we generally underestimate or underappreciate the value and the depth of the efforts made by the courageous men and women who suffer for our security. Normally, people will see a veteran and thank them for their service. But how many of those people really take a moment beforehand to reflect on the life they have today and visualize the tribulations that the person we thank has gone through? Hopefully, some do.

Once the Olympics began, the Flyers started doing something that was reminiscent of their efforts in battle. They started winning. In fact, they were dominating. After beating the Swedes 3-1 and the United Kingdom 3-0, they annihilated their next two opponents by a combined 36-1 goal differential. Next up was the United States.

This game was very intriguing. Unlike the Flyers, the United States team was using professional hockey players. This eliminated the U.S. from medal

contention, though the rivalry between the two teams was still hostile. One explanation could be that the two teams travelled together on the same ship across the Atlantic, on which the Americans were in first class while the Canadians were with the livestock. In the end, Canada didn’t play around. They won 12-3. It was the Americans’ worst loss of the tournament.

After beating Austria and tying with Czechoslovakia, all Canada had to do was beat Switzerland, the host nation. The Swiss were a strong team, as they had finished second in the European Championship before the Olympics. They also had such avid supporters that the Swiss fans launched snowballs at the Canadian players during the game. They should’ve known the Flyers weren’t easily discouraged by unruly fans. The Flyers went on to win a hard-fought 3-0 game, earning the gold medal.

Today, only two players remain from that team, one of whom is Murray Dowey, the goaltender who was spectacular throughout the tournament. He allowed only five goals in the eight games that the team played, not bad for someone who was working for the Toronto Transit Commission before joining the team. Incredibly, his only hockey experience before the Olympics was playing in recreational leagues in Toronto. Imagine this happening to you. You’re playing beer league hockey, get asked to play for

Canada at the Olympics, and go on to win gold as the most indispensable player on the team. That’s pretty cool.

Another key player was the late Roy Forbes, the only player on the team from British Columbia. Forbes didn’t participate in the Olympics due to roster restrictions, but still travelled with the team to Europe and received a gold medal. However, he’s important for embodying the real character of this team.

Last March, one month before his death, Forbes performed the ceremonial puck drop for a Winnipeg Jets game. He was brought to centre-ice in a wheelchair, from which he would presumably drop the puck. But this didn’t happen. Forbes got up from his wheelchair, shocking those in the arena, before dropping the puck. Fittingly, he dropped the puck on a fighter jet logo.

In retrospect, it was a metaphorical mic drop to a life that included Forbes having his plane shot down over enemy lines, resulting in him having to eat grass for two weeks before being rescued. Lest we forget him and the many others for our present-day liberty.

# THE END OF THE IDITAROD

Due to recent events, a once-renowned race is now in jeopardy

Brendan Smith – Sports Editor

The Iditarod Trail Sled Dog Race is an annual event held in Alaska. But, as veteran musher Jason Mackey said, “it is everything but a dog race anymore”. In fact, the aftermath of last year’s controversial race has carried over into this fall.

The Iditarod starts and ends in March. Once a team finishes, all the dogs are then drug-tested. This past March, the test results found that one team of sled dogs had Tramadol, a pain relief drug, in their urine. Why would someone do this, you might ask. Well, the race is vigorous. It can last up to 15 days in the Alaskan wilderness, covering a span of 1000 kilometres. As a result, many dogs have unfortunately died during the race. Yet, pain

relief drugs such as Tramadol remain prohibited during the competition. Really, one could almost argue the NFL takes better care of its players.

Last month, the Iditarod board finally released a statement about the test results. They confirmed that a team of dogs had failed the test, but noted that there was a lack of evidence that would prove intent. Thus, no punishment came for the alleged dog dooper. A week later, the board clarified that the drug found in the samples was a pain reliever. The musher implicated then released his own statement denying the accusation. He wrote under the name “Musher X”. This became the tipping point.

First, PETA demanded that

mushers with ties to dog doping vacate their awards. Then, the International Federation of Sleddog Sports entered the fray. They blasted the Iditarod for having ruined the integrity of the “entire world of mushing”, and the Iditarod Board, who didn’t take kindly to this, went on the defensive. They claimed the accusations made by Musher X were false. They then revealed his identity.

Meet Dallas Seavey, the Lance Armstrong of dog sled racing. He’s a 30-year-old outdoorsman who has won the Iditarod four times already. Like Armstrong, he wasn’t going to willingly have his legacy tarnished. So as soon after his name went public, Seavey fired back again.

He did this in the most efficient way possible to a get message across in 2017 - he posted a Youtube video. The video was forceful, serious, and poignant. The biggest blow he delivered to the Iditarod wasn’t a specific accusation but instead was hims announcement that he wouldn’t partake in the next race. This was bad news for the Iditarod.

Since the video, things haven’t gotten better for the Iditarod or its competitors. A recent report indicated that mushers have killed “hundreds” of sled dogs during training. Ironically, it found the Seavey family to be the worst (Mitch Seavey, Dallas’ father, won the 2017 Iditarod). It doesn’t stop there. Remember

Jason Mackey? Mackey was also recently charged with third-degree theft for allegedly stealing dog crates from another musher. His court date is set for some time this month.

In the end, this is what makes the scandal so depressing. It should’ve been a talking point on animal cruelty, but instead focused on the mushers. Indeed, this isn’t a dog race anymore. All of which begs the question: why is it still a race?

# HEAT WOMEN'S BASKETBALL RECRUITING EARLY AND WELL

**Mackenzie Horst and Emma Huff have signed on to join the Heat in 2018**

Grayson B. Leahy – Sports Editor

Only a few weeks into the 2017/18 season, Heat women's basketball coach Claire Meadows and her staff are already working to make the program even better for next season. The two players announced as already having signed on for next year as early recruits are Mackenzie Horst and Emma Huff.

Huff will be a transfer to UBC Okanagan, coming to the Heat from the Lennoxville campus of Champlain Regional College, in RSEQ's Division One. A 5'10" guard from Chelsea, QC, she will be graduating from Champlain in May.

As a three-year starter with Champlain, Huff hasn't used any of her U Sports eligibility, as the school competes in the CCAA, and so will be available to play a full five seasons with the Heat.

"Emma will be a huge addition to our team," said Meadows of her recent backcourt addition. "On the court, she is a tremendous athlete...Most importantly, Emma is an outstanding individual and a natural leader. Her values align perfectly with our culture and she will bring immediate leadership to our program."

"I chose UBCO in large part based on its strong academics," said Huff of her decision to come to the Kelowna campus and join the Heat after finishing up at Champlain. "I believe in coach Claire Meadows and the program she is building, and I see how much potential lies within the team she has already put together."

Emma Huff was captain at Champlain for two of her three years of CCAA eligibility there. Already having three years of collegiate experience will make her an exceptional addition to a Heat program, that has 11 players on the roster at or below their third year of eligibility.

The second recruit signed by Meadows this year is Mackenzie Horst. A 6'1" post player, Horst is already a familiar face to Heat basketball, having spent the past two years in the Junior Heat Program. Coming to the Heat from Vernon Secondary School, her basketball résumé includes three straight medals at the provincial tournament and a top-ten national finish with Basketball BC's U17 team at the Canada Summer Games.

"Mac is naturally talented but I think it's important to note the immense amount of work that she has put into her development," said Meadows of Horst. "She is always in the gym working to get better and what I love most about her is that she always has a smile on her face."

After the Heat women's program added seven players prior to this season, these two early recruits will likely be joined by few others in the 2018 incoming class. Shenelle Tamminen is the lone player on her young team set to graduate at the end of this season, and so with the addition of Horst and Huff, the team looks to be on strong footing moving through this season and into the next few.



Photo by GreyStoke Photography

## WHEN A BLUE JAY TAKES FLIGHT

**Celebrating the life of Roy Halladay**

Brendan Smith – Sports Editor

What does it mean to be an icon in a sport with a timeless history?

There must be more to it than just the accumulation of championships and sponsorships over the course of a couple decades.

There must be more to it than just the noise of writers and fans proclaiming that you were the best to ever throw a ball precisely over a white plate that resembles a house.

So really, what does it mean to be an icon in baseball?

It means to resurrect your career in the depths of the minor leagues, by strengthening your mind to the point where you never think again about throwing yourself out of a window.

It means that on days that you aren't pitching, you're still the first one to arrive at the ballpark even if you received IV treatment the day before.

It means that during the days you are pitching, you're still lifting weights in the morning so your preparedness cannot be questioned nor emulated by another.

This is what it takes to be an icon in baseball. But what does it mean to be a sports icon?

It means pestering a grocery store employee for their name so you refer to them by it as though they were the future Cooperstown resident.

It means buying your teammates toy helicopters because you didn't want them to

feel left out as you played with yours in the clubhouse.

It means stopping right before heading to the training room to get ice and stretch after completing an exhausting bullpen session, so you can sign a ball for a kid that just happened to know your first name.

In the end, to be an icon in sports, it's really about going the extra mile.

It's about going the extra mile by apologizing to the man who wanted you on his team after you had a rough outing but would still end up earning your 2nd Cy Young award for being one of the best pitchers in baseball that same year.

It's about going the extra mile by issuing another apology to

him after allowing two home runs in your second playoff game, despite the fact that you pitched a no-hitter in your first ever postseason appearance only a couple weeks before.

It's about going the extra mile by gifting members of the organization personalized watches, telling them that your perfect game couldn't have happened without their contributions.

It's about going the extra mile by making time to catch up with old friends by spending a day fishing or coaching both of your kids in the sport that gave you so much, or spending time with your wife who helped prevent you from jumping out of that infamous window.

It's about doing all of this because your dad, a man who shared your passion for flying, which so tragically ended your life, told you to always go the extra mile, and it would hurt if you did anything less for these people who helped you become one of the greatest pitchers that baseball has ever seen, and one that they will never forget.

Rest in peace Roy.



# HEAT CROSS COUNTRY AMONG NATION’S BEST

Both Heat teams finished in the top ten at national race in Quebec

Grayson B. Leahy – Sports Editor

Led in Blainville, Quebec, by Veronika Fagan and Michael Mitchell, the Heat women’s and men’s cross country teams finished third and tenth in the nation, respectively, at the CCAA Cross Country Running National Championships. Fagan was the fastest in the country individually, finishing her six-kilometre course in just over 21 minutes, and Mitchell finishing 13th after running the eight-kilometre men’s course in under 27.

Fagan cemented her place as an all-time Heat runner with her performance in Blainville, as her time of 21:42 this year makes it three straight years of her leading the way for UBC Okanagan at the national championships.

“Coming into the home stretch was a bizarre feeling because I have never won a big race like this before in my life,” said Fagan after her finish. “I felt like I chose the right university with the

most amazing coaches, team, and family supporting me through each race. I feel very

“COMING INTO THE HOME STRETCH WAS A BIZARRE FEELING BECAUSE I HAVE NEVER WON A BIG RACE LIKE THIS BEFORE IN MY LIFE,” SAID FAGAN

fortunate for how my past three years have played out at UBCO.”

Joining Fagan (21:42; 1),

who earned All-Canadian status as well as her team’s bronze medal, were Camille Galloway (23:08; 12), Julianna Neudorf (23:57; 25), Alex Beswick (24:06; 30), Josie Story (24:24; 44), and Rachel Garrett (25:21; 78).

In the overall competition, it was the host school’s team, the Collège Lionel-Groulx Nordiques, taking the gold medal with a low combined finish of 45 points (points accounted by the combined finishing place of team’s top four runners). Taking the silver medal were the SAIT Trojans, a team that featured former Heat runner Alea Stockton, who took home a gold medal with UBC Okanagan last year.

The men’s team’s tenth-place finish is an impressive improvement

upon last year’s national championship race, where they finished twelfth. With the exception of Mitchell,

who finished just outside of being named an All-Canadian for his run, all Heat men in

“I CHOSE THE RIGHT UNIVERSITY WITH THE MOST AMAZING COACHES, TEAM, AND FAMILY SUPPORTING ME THROUGH EACH RACE. I FEEL VERY FORTUNATE FOR HOW MY PAST THREE YEARS HAVE PLAYED OUT AT UBCO.” – VERONIKA FAGAN.

the race were competing on the national stage for the first time.

The eight-kilometre race,

in near-freezing temperatures no less, saw the Heat finish 13 out of 36 teams at the national championship, an exceptional feat considering the lack of experience on the national stage.

Running alongside Michael Mitchell (26:39; 13) for the Heat in the competition were Owen Harris (27:23; 31), Evan Vadnai (28:22; 62), Dayton Bath (28:47; 78), Quinn Middleton (28:58; 93), and Alex Spice (29:13; 97).

The tournament winners on the men’s side were Matthew Travagliani of SAIT in the individual and the Cégep de Sherbrooke Volontaires in the team competition. The other two podium teams on the men’s side were Ontario’s Fanshawe College Falcons with the silver medal and the SAIT Trojans with the bronze.

# THE THURSDAY NIGHT FOOTBALL DILEMMA

Is the TNF schedule detrimental to the NFL?

Grayson B. Leahy – Sports Editor

In 2006, the NFL schedule added a weekly Thursday night game that added Thursday Night Football, a recurring program tagged onto the programming of the NFL production Sunday Night Football, to the list of the league’s television products. Since shortly after its introduction, there has been a consistent debate around whether or not the additional mid-week games are detrimental to the league.

In more recent seasons, the primary debate has become centred on the impact that the shorter period between games is having on players’ health. Having become known as consistently the worst-played and received of any given week’s slate of games, Thursday Night Football came

under fire from prominent Seattle Seahawks wide receiver Doug Baldwin. On Thursday, November 9, the Seahawks played the Arizona Cardinals in a game that saw Seattle cornerback Richard Sherman, an outspoken face of the league and previous critic of the Thursday night contests, rupture his Achilles’ tendon. Prior to the injury, Sherman had not missed a game since his first appearance in the NFL in 2011.

“Poopfest.” That’s the opening word in Sherman’s story for The Players’ Tribune, titled Why I Hate Thursday Night Football, written in December 2016. “The whole idea of Thursday Night Football is terrible,” he went on, “It’s ludicrous. It’s hypocritical... The NFL preaches player safety.

The league says it wants to do everything in its power to protect its players. But when it comes down to it, it’s not the players that the NFL protects.”

Sherman’s comments were the talk of the NFL world after the article was published, and have become all too relevant again after the stalwart of the Seahawks’ defence suffered the season-ending injury this year. His comments were reiterated and compounded upon after that game against the Cardinals, when his teammate Doug Baldwin said of the Thursday affairs, “Guys don’t have time to recover.” Baldwin also suffered an injury on that Thursday, one to his groin in pregame warmups that he played through anyway. “Hard to recover in four days,”

added Baldwin, before throwing in a sentiment that seems to be growing in popularity with the statement that “Thursday night football should be illegal.”

NFL stars are often equated to modern-day gladiators, with the obvious undertone being that their employers are more concerned with maintaining them as a spectacle than preserving them as human beings. In the wake of recent years’ evidence about the detriments of football to long-term health, especially CTE (chronic traumatic encephalitis), there has been a string of empty gestures and statements from the NFL, highlighted by the hypocrisy of league commissioner Roger Goodell, about the safety of what has commonly been referred to as

the League’s ‘product’.

“At some point, the league will have to consider whether the \$1.86 billion it will receive from NBC, CBS, Twitter and Amazon over the course of the two-year Thursday night TV and streaming package – the deal that ends after this season – is worth it both in terms of player safety and the competitive decline that results from all these players getting injured,” wrote Matt Bonesteel for the Washington Post on November 10. Referring to that specific Seahawks-Cardinals game, Bonesteel wrote, “If Thursday night’s bloodletting isn’t the tipping point for the NFL to reconsider its full-season slate of Thursday night games, it’s hard to imagine the calamities that actually will be.”

## Opinions

# ACCUMULATING ACCUSATIONS

After the Harvey Weinstein scandal, more and more prominent figures in entertainment and politics have been accused of sexual assault and harassment

Noelle Viger – Staff Writer

The multiple accusations of sexual assault and abuse against Harvey Weinstein began an important conversation. Since news of the Weinstein scandal broke on October 5, more than 30 other men, either in politics, entertainment, or news, have been accused of sexual harassment or sexual assault. Among those accused stand Louis C.K., Kevin Spacey, Al Franken, and Roy Moore.

Of these four, Kevin Spacey was the first to be accused. Allegations of sexual misconduct emerged on October 29. Since then, he has been accused by multiple men of sexual assault. Amidst the backlash Spacey received for these accusations, he came out publicly as a gay man for the first time. As a result, Spacey faced further criticism, as this move has been viewed by many as Spacey’s attempt to change the conversation. So far, a representative for Spacey released a statement saying that “Kevin Spacey is taking the time necessary to seek evaluation and treatment.” In response to these accusations, production of season six of House of Cards, a Netflix show where Spacey has starred as the main characters for the past five years, has been halted. Due to the allegations, Netflix released a statement that they “will not

be involved with any further production of House of Cards that includes Kevin Spacey.” They will also not be moving forward with the release of the film Gore, in which Spacey starred and produced. Additionally, Ridley Scott has dropped Spacey from

**ALL OF THESE STORIES ARE STILL DEVELOPING, WITH THE POTENTIAL FOR MORE WOMEN OR MEN TO COME FORWARD ANY DAY WITH MORE STORIES AND ALLEGATIONS.**

his film All the Money in the World, which is set for release in late December. However, as the movie was already nearly finished, with all of Spacey’s scenes being shot, Christopher Plummer has been hired to replace Spacey. All the scenes with Spacey are being

reshot with Plummer in his stead, beginning on November 20.

Louis C.K. has also been accused of sexual misconduct by more than five women. C.K. has responded to these accusations with the admittance that all of the stories by these women are true. He states that he is “remorseful” for his actions, but has also faced fallout from the accusations. FX and other media companies have cut ties with C.K. following the stories and his admittance of guilt. He also had a movie that was set for release which has been cancelled, along with his comedy special, which was also cancelled.

On the same day that Louis C.K. was accused of sexual misconduct, Roy Moore, an Alabama judge and politician, was accused of sexual misconduct with five teenagers. Moore is currently running in a special election in Alabama, where he hopes to beat Democratic opponent Doug Jones for a seat in the Senate. Moore has refused to step down from this election and has denied all of the accusations made against him. However, as a result of these allegations, Moore has lost favour with much of the Republican Party. Majority Senate Leader Mitch McConnell (who

is also a Republican) has stated that he “believe[s] the women,” and that Moore “should step aside.” Additionally, the National Republican Senatorial Committee, who is a main campaign funder, has cut ties with Moore. However, while McConnell has called for

**IT IS MORE THAN UNFORTUNATE THAT SO MANY PROMINENT PEOPLE IN POSITIONS OF POWER HAVE BEEN ACCUSED OF SEXUAL ASSAULT AND HARASSMENT, IT IS UNACCEPTABLE.**

Moore to leave the race, at the time of writing this piece, President Donald Trump has not commented directly these accusations.

On November 16, U.S. Senator Al Franken was accused of sexual harassment by two women. Franken has since apologized to one of

the women, and the Democratic Senator has also called for there to be a Senate ethics investigation regarding his actions. While the President has refrained from commenting on the Roy Moore allegations, he has since addressed the Franken accusations. Leeann Tweeden, one of the accusers against Franken, tweeted out a blog post about her story with a photo attached to it of Franken groping her while she slept. The President replied to this tweet saying that the “Al Frankenstein picture is really bad,” and that it speaks “a thousand words.”

All of these stories are still developing, with the potential for more women or men to come forward any day with more stories and allegations. It is more than unfortunate that so many prominent people in positions of power have been accused of sexual assault and harassment, it is unacceptable. However, with the number of accusations that have been accumulating over the last month and a half, it does not seem as though these stories will come to an end. There is a systemic problem with sexual assault and harassment, and these allegations could just be the beginning.

# SEARCHING FOR ALIENS

Is space exploration worth pouring money into when we have enough problems on Earth?

Willa Holmwood – Contributor

Human beings are innately programmed to be curious. The mind-blowing phenomenon of existence beyond our planet has accelerated the advancement of science and philosophical thinking. However, this drive for knowledge comes at a cost. Besides hours of pondering if the alien-like monster from Stranger Things could be real, large amounts of money are poured into the quest for discovery.

The National Aeronautics and Space Administration (NASA) agency is a main competitor for progressing our future beyond Earth. In 2016, the NASA budget was \$19.3 billion. To put this number into scale, this could provide more than 1,850,000 people with Netflix for a lifetime,

or 643,000 students with tuition for their entire undergraduate degree, or 96,500 lucky drivers with Lamborghinis. Just imagine our university parking lot filled with Lamborghinis and free tuition for all. Suddenly the quest for aliens isn’t as appealing.

Despite this realm of possibilities for money allocations, roughly 640 people have paid over \$200,000 to blast off into space. The Virgin Galactic is an ambitious spaceflight company with big dreams of being “the world’s first commercial spaceline”. With the goal to send astronaut-aspiring tourists to space in 2018, a future of space travel and exploration is becoming more popular. Well over \$128,000,000 has been spent by

presumably rich people on tickets for this spadventure (space adventure - I swear it’s going to become a thing). Is all this time and money worthwhile?

Clearly, humans are intrigued by the vastness of the universe, but what about our life here on Earth? Think about how many homeless people, cancer patients, and war-torn refugees could benefit from this money. On the contrary, imagine how lonely it would be if we didn’t try to see what is beyond the horizon of our knowledge. What is more frightening - to know aliens do exist or that we are completely alone? Perhaps it is not knowing at all that is the true nightmare. The innate desire to explore the mystery in our lives is essential to what

makes us human. Although we need to help and love each other too, the curiosity that beats deep in our hearts and runs wildly through our veins cannot be repressed. Goodbye Netflix and Lamborghinis - it is time to search for aliens.



# FACEBOOK WANTS YOUR NUDES

Tayana Simpson – Contributor

Okay, we can all agree that revenge porn is the most despicable, disrespectful, garbage thing that anyone can do, and they should receive some sort of medieval torture as punishment. Action should be made in order to combat these people who are the dirty sponges of society - but is Facebook making the right decision?

Their idea of combating revenge porn is for users to send them their nudes in a message to themselves and flag it as a “non-consensual intimate image.” Facebook then converts it to a digital fingerprint so that if it is uploaded somewhere else on Facebook or Instagram, it can prevent the further distribution of the specific image. This can be used to combat photos that have already been sent to an ex-partner out of fear of them being further distributed.

While we can all agree that revenge porn needs to be stopped, I am not sure that this is the best possible way to do that. Facebook insists that they are not keeping the actual photos but rather the digital fingerprint or the “hash” of the photo. But we also know that nothing on the internet can be deleted; once it’s out there, it’s out there for good. People with

sufficient skills are able to recover deleted images, meaning that people should be hesitant about putting these images out there - again.

While I assume that Facebook has digital security that is sufficient, nothing is perfect. Hacking into Facebook to go after these images cannot be ruled out and then still, it only stops the redistribution of these images on Facebook and its partners, and not elsewhere on the internet. More work needs to be done to combat revenge porn, but I am still not sure this is a good place to start.

# AFFORDABLE HOUSING IN KELOWNA

Tyrel Lamoureux – Opinions Editor

For those of you who are still living on campus and have not yet experienced the horror of trying to find an affordable place to live: welcome to the real world. For those of you who do know the struggle and still wish they went to school in Saskatoon where the average cost of a 2 bedroom house is \$600 cheaper, I am so sorry. It makes more sense to compare 2 bedrooms as most of us have roommates because it’s less money out of our pockets.

Kelowna is the 7th most expensive city in Canada and, based on our relatively low population, that is ridiculous. The obvious

cities like Vancouver and Toronto are more costly, but even somewhere as large as Montreal is cheaper than Kelowna. This makes sense because the Okanagan Valley is like the California of Canada. It is gorgeous in the summer, our winters are pretty calm compared to the rest of the country, and we have some of the best ski slopes in the province.

The terms of rental properties are also a problem. Landlords will plan to end most tenancies in April so that they can jack the prices up for the vacation renters in order to make more profit. This is typically

not a problem because most students can live at home and save money. However, if any students want to stay for the summer months and actually enjoy the place that they live, then they better be prepared to pay.

The vacancy rate is currently sitting at around one percent. There are a lot of rental buildings being built right now, so this rein of tyranny by the landlords may be over soon.

# CHANGING YOUR MIND ABOUT SCHOOL

Wey Lynn Liong – Contributor

Career aptitude tests. What a load of crap. While they can give you an idea of jobs that you might not know existed, their ability to say what “job best suits you” is a joke. The proof is in the fact that my top suggestion was an elementary school teacher. As soon as I moved out I very quickly realised that this job would not be for me. Some students at UBCO do not have job experience or came to university right out of high school. Some take a gap year to figure out what they want to do with their life before they spend tens of thousands of dollars. Regardless, it can be a terrifying realization that what you have been studying and spending money on, you no longer want to do.

Changing your degree or major can be a stressful experience. The academic advising office can walk you through how to do it, but the huge step back in progression to graduation remains. Or what if you wanted to change your program? Going from an arts student to engineering, you have to be re-accepted, and your entire university career so far is

useless toward your newfound goals. Or worse yet, what if you don’t want to be at school at all?

I am not trying to scare anyone but rather offer some support. Not knowing what you want to do with your life is a completely normal thing. After all, “the rest of your life” is a very long time. For this reason alone, and all clichés aside, you should always follow your dreams. If you don’t want to be in school anymore,

nobody is stopping you, it’s your life. However, I would encourage that decision to be made by your first or second year. You would be less in debt and would have wasted less time. If you make it to your fourth year and then have an

epiphany, maybe finish out your prison sentence that you now see school as before you do what you want.

Don’t get too hung up on the years wasted doing something you’ve lost interest in, because it’s not a lot of time in the grand scheme of things. Only be marginally upset about the wasted money, it is a lot, but we are all going to be in debt for the rest of our lives anyway, you will just have the high score.

“NOT KNOWING WHAT YOU WANT TO DO WITH YOUR LIFE IS A COMPLETELY NORMAL THING. AFTER ALL, “THE REST OF YOUR LIFE” IS A VERY LONG TIME”



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Cole Rodocker earned his BA in English from UBC-O in 2009 and graduated TRU Law in 2016. He was the first TRU Law student to obtain an articling position at leading national law firm Blake, Cassels & Graydon LLP. Cole was also the 2016 Law Society of BC Gold Medallist, graduating first in his class. He is currently a judicial law clerk working for six judges at the BC Supreme Court.

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